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A simple way to calculate the volume and surface area of avian eggs

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1	A simple way to calculate egg volume and surface area: Proof of concept using six		
2	avian species		
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26 Abstract

The incubation period of avian eggs is constrained by egg surface area, volume, and 27 therefore geometry and shape. The geometries of eggs can be described using Preston's 28 equation, but it has been seldom used to calculate the volume (V) and surface area (S) of 29 eggs to explore S vs. V scaling relationships. Here, we provide a re-expression of Preston's 30 equation (designated as EPE) to calculate V and S, assuming that an egg is a solid of 31 revolution. The side profiles of >2200 eggs of six species of poultry were digitized, and 32 RPE was used to describe each egg profile. The volumes of 360 eggs predicted by EPE 33 were compared with those obtained using water displacement in graduated cylinders. There 34 was no significant difference in V between the two methods, which verified the utility of 35 EPE and the hypothesis that eggs are solids of revolution. The data also indicated that V36 was proportional to the product of egg length (L) and maximum width (W) squared with a 37 proportionality coefficient of 0.511, i.e., $V = 0.511LW^2$. A 2/3-power law relationship 38 between S and V for each species was also observed such that S is proportional to $(LW^2)^{2/3}$ 39 with a proportionality coefficient 3.14, i.e., $S = 3.14(LW^2)^{2/3}$. These results can be extended 40 to describe the shapes of the eggs of other species to study the evolution of avian (and 41 perhaps reptilian) eggs. 42

43

44 KEYWORDS

45 asymmetry, definite integral, egg shape, scaling relationship, solid of revolution

47 INTRODUCTION

The shapes of avian and reptilian eggs have received considerable attention because of their 48 deviation in symmetry from an ellipse above and below their maximum width along their 49 longitudinal axis (Stoddard et al., 2017). As a consequence, many mathematical models 50 have been proposed to describe the shapes of bird and reptile eggs, and most are related to 51 the 2-D egg profile (Preston, 1953; Troscianko, 2014; Biggins et al., 2018, 2022; Narushin 52 et al., 2021; Shi et al., 2022a). This generic approach is based on the assumption that an 53 egg is a solid of revolution, such that its 3-D shape can be generated by revolving the 2-D 54 egg profile by π . Although this assumption has not been rigorously tested, it appears to be 55 reasonable given the peristalsis-like conveyance of an ovoid or pyriform shaped egg in the 56 57 oviduct compared with the movement of a cuboid solid. Based on what is known empirically about avian and reptilian egg shapes, it is also reasonable to assume that the 2-58 D egg profile can be used to generate the 3-D shape (and size) of the same egg, which 59 would provide a nondestructive method for calculating egg surface area and volume. 60

In recent studies, the equation and its simplified versions proposed by Preston (1953)
have been found to be the best among all existing egg-shape models (Biggins et al., 2022;
Shi et al., 2023). Preston's equation takes the form

$$\begin{cases} y_P = a\sin\theta \\ x_P = b\cos\theta \left(1 + c_1\sin\theta + c_2\sin^2\theta + c_3\sin^3\theta\right), \end{cases}$$
(1)

where x_P and y_P represent the x- and y-coordinates of a 2-D egg profile in the plane, θ is called the "eccentric angle", *a* is one-half of the egg length, *b* is approximately one-half of the egg maximum width, and c_1 , c_2 and c_3 are parameters to be estimated. For some eggs, Equation (1) can be simplified by removing one or more of the c_1 , c_2 and c_3 parameters (Preston, 1953). In his seminal paper, Preston (1953) suggested setting c_1 to be a positive number, such that the egg base is uppermost and the egg tip is lowermost (Figure 1A). However, Equation (1) does not provide an explicit relationship between y_P and x_P , i.e.,

72 $y_p = f(x_p)$. Todd and Smart (1984) suggested another form of Preston's equation:

73
$$y_{TS} = \pm \frac{b}{a} \sqrt{1 - x_{TS}^2} \left(1 + c_1 x_{TS} + c_2 x_{TS}^2 + c_3 x_{TS}^3 \right),$$
 (2)

where $x_{TS} = y_P/a$ and $y_{TS} = x_P/a$. In this case, the egg length axis overlaps the *x*-axis, and the two endpoints of egg length are located at (-1, 0) and (1, 0). The positive and negative signs of the right-handed side of Equation (2) indicate the upper tip part and lower base part of the egg about the *x*-axis (i.e., the mid-line of the egg profile), respectively (Figure 1B).

Note that it is sometimes convenient to neglect the expression of the lower part, when the upper part is symmetrical to the lower part about the *x*-axis. Given this simplification of Equation (2), Biggins et al. (2018) re-wrote Preston's equation as

82
$$y_{TS} = d_0 z_0 + d_1 z_1 + d_2 z_2 + d_3 z_3,$$
 (3)

where $z_0 = \sqrt{1 - x_{TS}^2}$, $z_1 = x_{TS}\sqrt{1 - x_{TS}^2}$, $z_2 = x_{TS}^2\sqrt{1 - x_{TS}^2}$, and $z_3 = x_{TS}^3\sqrt{1 - x_{TS}^2}$, and 83 where d_0 to d_3 are parameters to be estimated, i.e., $d_0 = b/a$, $d_1 = c_1(b/a)$, 84 $d_2 = c_2(b/a)$, and $d_3 = c_3(b/a)$. The parameters in Equation (3) can be estimated using 85 multiple linear regression protocols based on (weighted) least-squares for data drawn from 86 the eggs of the same or different species using the numerical values of d_0 and d_1 in each 87 case. Nevertheless, Equation (3) cannot explicitly express the relationship between the 88 vertical and horizontal coordinates (y and x) of an egg's empirical profile. Yet, it is 89 important to have an explicit expression relating x and y, which can then be used to directly 90 calculate the volume (V) and surface area (S) of an egg (Narushin et al., 2022) employing 91 the Equations (4) and (5): 92

93
$$V = \pi \int_{-a}^{a} y^2 dx$$
, (4)

94 and

95
$$S = 2\pi \int_{-a}^{a} y \sqrt{1 + \left(\frac{dy}{dx}\right)^2} dx,$$
 (5)

96 where $y = x_p$, $x = y_p$, *a* is one-half of egg length [as in Equation (1)], and dy/dx is the 97 derivative of *y* with respect to *x*.

When considering the volume of an egg, empirical studies report that V is proportional 98 to the product of egg length (L) and maximum width squared (W^2), i.e., $V \propto LW^2$ (Hoyt, 99 1979; Narushin et al., 2022). Preston (1974) provided a mathematical proof for this 100 proportional relationship. However, his derivation is based on Equation (1) with the 101 simplification that $c_3 = 0$. His proof also lacks an explicit mathematical expression relating 102 y and x. Consequently, the volume formula in Preston's (1974) proof is based on a vaguely 103 defined "eccentric angle" θ . In addition, as will be shown, the neglected parameter c_3 can 104 play an important role in estimating egg shape. Indeed, all of the parameters from c_1 to c_3 105 are required to achieve a high degree of accuracy. 106

107 Despite the limitations of Preston's (1974) proof, as noted, the proportional 108 relationship $V \propto LW^2$ has been demonstrated empirically to hold true (Hoyt, 1979; 109 Narushin et al., 2022). Consequently, there have been many attempts to improve the 110 prediction accuracy of *V* using other mathematical expressions of *L* and *W* (Narushin, 2005; 111 Sedghi and Ghaderi, 2022).

The important of egg surface area and volume cannot be too overstated. Indeed, the scaling of biological surface areas and volumes has been intensely studied both theoretically and empirically [see Niklas (2015) and references therein]. This focus is based on the fact that the surface area and volume of a cell or multicellular organism can provide insights into metabolic rates because S reflects the ability to exchange mass and energy with the external environment, whereas V reflects the metabolic demands for external resources (von Bertalanffy, 1957). In the case of a fertilized egg, S is important for

respiration and the conduction of heat, whereas V provides an expression of the quantity of 119 nutrients available during gestation, e.g., the metabolic resources for sustained respiration. 120 Likewise, the quotient of cell or organismic mass and surface area can influence the 121 efficiencies of respiration and the conduction of heat (Lourens et al., 2006). When the 122 density of an organism is invariant with respect to size (i.e., $\rho \propto M/V$), its mass is 123 proportional to its volume (i.e., $M \propto V$). Provided that an egg's surface area is proportional 124 to the 2/3-power of volume (Paganelli et al., 1974), it follows that S will be proportional to 125 the 2/3-power of M (i.e., $S \propto M^{2/3}$). Because respiration is usually proportional to surface 126 area, it also follows that respiration (R) will be proportional to the 2/3-power of M (i.e., R 127 $\propto M^{2/3}$) (von Bertalanffy, 1957). However, the scaling of cell surface area to cell volume 128 is often non-Euclidian for cells with rigid walls (e.g., diatoms and unicellular green algae) 129 and can manifest a 3/4-scaling relationship (Niklas, 2015). Likewise, the densities of many 130 organisms are not (even approximately) 'invariant' with increasing body size. 131 Consequently, the scaling exponent of respiration with respect to mass often deviates from 132 a 2/3-power law. Nevertheless, the scaling relationship between S and V of avian eggs does 133 conform to the 3/4-power rule, despite having a rigid wall and being unicellular (see 134 Paganelli et al. 1974) such that S can be estimated reliably using the $V \propto LW^2$ relationship 135 (Preston, 1974; Hoyt, 1979). However, this expectation has not been tested empirically in 136 priori studies. In addition, the calculation of an egg's volume and surface area is based on 137 the hypothesis that an egg is a solid of revolution (Preston, 1974; Narushin et al., 2022), 138 which has also not been tested using experimental data. 139

To address these concerns, we photographed >2200 eggs of six species of domesticated birds and fitted the 2-D profiles using an explicit Preston's equation (designated as EPE) to answer the following four questions: (i) does the re-expressed Preston equation fit egg profiles sufficiently well?, (ii) can an egg typically be treated as a solid of revolution?, (iii) is there a significant and robust scaling relationship between Sand V at the species level and across species, and if so, is it governed numerically by a 2/3power rule?, and (iv) do both V and S scale as the product of L and W^2 , and if so, is there a strong log-log linear relationship between V (or S) and LW^2 ? These questions were motivated to evaluate non-destructive ways to calculate V and S, which can inform our understanding of avian (and potentially reptilian) evolution.

150 MATERIALS AND METHODS

151 *Egg samples*

We selected six species of poultry for study because of the availability in large numbers of 152 their eggs: two Anatidae species (Anas platyrhynchos domesticus, and Anser cygnoides 153 domesticus), and four Phasianidae species (Alectoris chukar domesticus, Coturnix japonica 154 domesticus, Gallus gallus domesticus, and Phasianus colchicus domesticus). Figure 2 155 shows six representative eggs for the investigated species. For each species, >350 eggs 156 were selected for detailed study (see Table 1 for details). In passing, it was important to use 157 a large sample size of eggs for each studied species to obtain a statistically robust scaling 158 relationship between S and V. Unfortunately, this was not practical in the case of wild 159 species, many of which are strictly protected. The six poultry species used in this study 160 were selected because (i) large numbers eggs from each species were commercially 161 available, and (ii) the shapes and sizes of the eggs of these species spanned a broad 162 spectrum of the egg morphospace (Figure 2). Although the eggs from domestic birds were 163 used in this study, there is no evidence to show that the egg shape of domestic bird species 164 deviates from that of wild bird species. 165

166

167 Photographing and Egg-shape data acquisition

168 We used an adjustable tabletop phone mount to hold one smartphone (Huawei P30Pro,

Huawei, Dongguan, China) to photograph A. platyrhynchos, A. cygnoides, C. japonica, and 169 G. gallus), and another smartphone (Redmi K40S, Xiaomi, Kunshan, China) to photograph 170 A. chukar, and P. colchicus). Over 2200 eggs of each of the six species were photographed 171 at constant scale to determine the representative 2-D egg profiles of each species. To focus 172 the camera on the center of each egg, we estimated the midpoint of the length of each 173 profile. In addition, we prepared a test tube rack and a small beaker as a concave base to 174 support each egg to make the mid-line of each profile orthogonal to tabletop phone mount. 175 In addition, we measured each egg's length to provide a correction for the actual size from 176 its image size. 177

The egg images were converted to black and white .bmp files with Photoshop (version 13.0; Adobe, San Jose, CA, USA). The procedures of Matlab (version \geq 2009a; MathWorks, Natick, MA, USA) developed by Shi et al. (2018) and Su et al. (2019) were used to extract the planar coordinates of each egg profile. Each egg profile was characterized by 2000 approximately equidistantly spaced coordinates using the 'adjdata' function of the 'biogeom' package (version 1.3.5) (Shi et al., 2022b) in R (version 4.2.0) (R Core Team, 2022).

185

186 *Explicit Preston equation and data fitting*

Using Equation (2), Preston's equation can be re-expressed in a more explicit form (Shi et
al., 2023), which will be referred to as EPE hereinafter:

189
$$y = b \cdot \sqrt{1 - \left(\frac{x}{a}\right)^2} \cdot \left(1 + c_1 \left(\frac{x}{a}\right) + c_2 \left(\frac{x}{a}\right)^2 + c_3 \left(\frac{x}{a}\right)^3\right),$$
 (6)

190 where $y = x_p$ and $x = y_p$. Equation (4) can be used to obtain an analytical solution of the 191 volume formula based on Equation (6):

192
$$V = \frac{4}{315}\pi ab^{2} \left(105 + 21c_{1}^{2} + 42c_{2} + 9c_{2}^{2} + 18c_{1}c_{3} + 5c_{3}^{2}\right)$$
$$\approx \frac{1}{630}\pi LW^{2} \left(105 + 21c_{1}^{2} + 42c_{2} + 9c_{2}^{2} + 18c_{1}c_{3} + 5c_{3}^{2}\right).$$
(7)

Equation (7) indicates that the volume of an egg is approximately but not exactly proportional to the product of egg length (*L*) and the maximum egg width squared (W^2). For pyriform eggs, the numerical value of c_2 plays an important role in affecting the proportionality coefficient. However, because parameters c_1 , c_2 , and c_3 are all very small for non-pyriform eggs, Equation (7) can be simplified for these species to take the form:

198
$$V \approx \frac{420}{315} \pi a b^2 \approx \frac{1}{8} \cdot \frac{420}{315} \pi L W^2 \approx 0.52 L W^2.$$
 (8)

Because each egg profile was characterized by 2000 data points, the 'fitEPE' function in the 'biogeom' package was used to fit the data points to estimate the values of a, b, c_1 , c_2 , and c_3 by minimizing the residual sum of squares (RSS) between the observed and predicted *y*-values using the Nelder-Mead optimimization method (Nelder and Mead, 1965). The adjusted root-mean-square error (RMSE) was then used to measure the goodness of fit between observed and predicted data (Shi et al., 2023):

205
$$\operatorname{RMSE}_{\operatorname{adj}} = \frac{\sqrt{\operatorname{RSS}/N}}{W/2}$$
, (9)

where *N* represents the number of data points on an egg profile, and *W* represents the egg maximum width. Because the 2-D egg-profile parameters are known, Equations (4) and (5) can be used to calculate the *V* and *S* for a solid of revolution.

209

210 Testing the solid of revolution hypothesis

Provided that the calculated values for V and S using Equations (4) and (5) and the hypothesis of the solid of revolution are statistically indistinguishable (or nearly so) from the empirical values V and S, the solid of revolution hypothesis must hold true. However, it is extremely difficult to measure the S of most eggs with great accuracy. In contrast, V is easy to measure by submerging an egg into a graduated cylinder and measuring the displacement of water. If Equation (6)) fits an egg profile, the calculated V based on the 2-D equation is approximately equal to that using the water displacement method, which would also support the solid of revolution hypothesis. We therefore measured the V of 120 *A. cygnoides* eggs using a 1000 mL glass graduated cylinder with a diameter 6.7 cm, and the V of 366 *P. colchicus* eggs using a 250 mL glass graduated cylinder with a diameter 4 cm.

222

223 Statistical methods

The Tukey's honestly significant difference (HSD) test with a 0.05 significance level (Hsu, 1996) was used to test whether there were significant differences in the egg size and shape among the six species of poultry. We used the *V* and *S* as a measure of egg size, and the ratio of the distance on the mid-line of an egg profile from the egg base to a point associated with *B* to egg length (i.e., L_W/L) as a descriptor of egg shape. When $L_W/L = 1/2$, the egg is nearly elliptical in outline. Larger value of L_W/L correspond to greater deviations from 'ellipticalness'.

Reduced major axis protocols (Niklas, 1994; Quinn and Keough, 2002) were used to 231 estimate the intercept and slope of S vs. V on a log-log scale. We fitted the data of V versus 232 LW^2 to test whether V is proportional to LW^2 as predicted by Equation (7). If S scales with 233 V with a scaling exponent 2/3, it has a $S \propto (LW^2)^{2/3}$ scaling relationship. Thus, we fitted 234 the data to determine the scaling exponent of the S vs. LW^2 relationship. In addition, we 235 also used reduced major axis protocols to fit the observed and predicted volumes of two 236 species of eggs. We also used the paired t-test to test to determine whether there is a 237 significant difference between the observed and predicted volumes for each species of eggs. 238 The statistical software R (version 4.2.0; R Core Team, 2022) and the specific package 239

240 'biogeom' (version 1.2.5) was used to carry out data extraction, analysis and to make241 figures.

242

243 **RESULTS**

The adjusted RMSE values for the 2221 eggs ranged from 0.0028 to 0.90 with a median
value of 0.0063, which indicates a good fit for each egg profile (Figure 3). A comparison
between the observed and predicted egg profiles for each egg example is provided in Figure
4.

There were significant differences in both egg size and shape among the six species (Figure 5). The eggs of *A. platyrhynchos*, *A. cygnoides*, and *G. gallus* are larger (Figure 5A,B) and more elliptical (Figure 5C,D) than the other three species.

There was no statistically significant difference between the volumes predicted by Equation (7) and those empirically determined using graduated cylinders, i.e., the 95% confidence interval (CI) of predicted *V* vs. observed *V* for each species included 1 (Figure 6). In addition, the results of paired *t*-tests showed that there was no significant difference between predicted and observed egg volumes (t = -1.3308, df = 119, P = 0.1858 > 0.05 for *A. cygnoides*, t = -1.0271, df = 365, P = 0.3051 > 0.05 for *P. colchicus*).

The 95% CIs of S vs. V for four of the six species included 2/3, and the lower bounds 257 of the 95% CIs for the remaining two species were approximately 2/3 (Figure 7). The V vs. 258 S scaling relationships for all of the species were statistically very robust, i.e., the six 259 coefficients of determination were all greater than 0.99. The V vs. LW^2 scaling relationships 260 were also statistically robust (Figure 8), as was the S vs. LW^2 relationship (Figure 9). As 261 expected for the three species producing pyriform eggs (Figure 8C,D,F), Equation (8) did 262 not predict the numerical values of the slopes exceptionally well, as shown for the pooled 263 data (Figure 10). In summary, the data indicate that (i) S is approximately proportional to 264

the 2/3-power of V, (ii) V is proportional to LW^2 with a proportionality coefficient 0.51, and (iii) S is proportional to $(LW^2)^{\frac{2}{3}}$ with a proportionality coefficient 3.14.

267

268 **DISCUSSION**

The results based on >2200 eggs of six species validates the predictions of the explicit 269 Preston equation (EPE) using the egg 2-D profile and solid of revolution hypothesis. Thus, 270 EPE can be used to calculate egg volume (V) and surface area (S). The data also show that 271 S scales as the 2/3-power of V on a log-log scale both at the species level and for the pooled 272 data. In addition, the extensive data set used in this study further validates that V is 273 proportional to the product of the egg length (L) and maximum profile width squared (LW^2). 274 These and other assertions are discussed in detail, but only after considering the important 275 issue of measurement error. 276

277

278 Measurement error of egg volume using graduated cylinders

279 The use of graduated cylinders and water displacement to measure egg volume invariably introduces errors resulting from measuring the increase in overall volume. The degree of 280 error depends on the size of an egg in relation to the diameter of the graduated cylinder. 281 This phenomenology is illustrated in Figure 6. For example, in panel B of this figure, 282 several groups of data points deviate from the regression curve. These data were gathered 283 using the smallest graduated cylinder (i.e., 250 mL, with a 2 mL level of accuracy), which 284 provided a 1.0 mL error in visualizing the level of displacement. Nevertheless, we believe 285 that the regression statistics using data gathered from the water displacement method are 286 sufficiently robust to support the conclusions of this study. 287

288

289 Is there a better egg-shape model than Preston's equation

We used a re-expression of Preston's equation (Preston, 1953) to predicted egg surface area, 290 volume, and shape. However, there are other egg-shape models (e.g., Troscianko, 2014; 291 Biggins et al., 2018, 2022; Narushin et al., 2021; Shi et al., 2022a). Biggins et al. (2022) 292 found that the prediction errors of Troscianko's equation and Preston's equation are the 293 smallest among existing prior egg-shape models, and Preston's equation had a slightly 294 better goodness-of-fit than Troscianko's equation for each of the 50 eggs they investigated 295 (Biggins et al., 2022). Shi et al. (2023) used an optimization approach to replace the 296 multiple linear regression approach proposed by Biggins et al. (2018, 2022), and obtained 297 a lower prediction error than the latter for each of 50 eggs. The present study, which took 298 the same optimization approach as Shi et al. (2023) to estimate the parameters of Preston's 299 equation, shows that the prediction error of each of 2221 eggs was <2% of the egg half 300 maximum width, with a median prediction error of 0.63%. Based on these results, we argue 301 that the explicit Preston equation is sufficient to describe the 2-D and 3-D geometries of 302 eggs and that additional refinements are not required for this purpose. 303

304

305 The 2/3-power law relationship between S and V

For many classical (Euclidian) 3-D geometries, such as a cuboid, cylinder, cone, and sphere, 306 S is easily shown to be proportional to $V^{\frac{2}{3}}$ for any series geometric form that does not 307 change in shape while increasing in size (Thompson, 1917). However, if either shape or 308 geometry changes within a series of objects increasing in size (i.e., a non-Euclidian series), 309 it is difficult to predict a power-law relationship between surface area and volume. 310 Fortunately, the results reported here show unequivocally that at both the species level and 311 for the pooled data, the surface area of an avian egg scales approximately as the 2/3-power 312 law, i.e., $S \propto V^{\frac{2}{3}}$, which is in accordance with the results reported by Paganelli et al. (1974). 313 As a consequence of this power law relationship, the S of an egg becomes easy to estimate 314

because of the previously reported $V \propto LW^2$ scaling relationship (Preston, 1974; Hoyt, 1979; Narushin et al., 2022), which is confirmed by our data (Figure 10B). Thus, $S \propto (LW^2)^{\frac{2}{3}}$.

318

319 *Can the results be extended to other bird species*

We explored the egg morphospace presented by Biggins et al. (2022), which consisted of 320 965 bird species and three egg morphometrics (i.e., elongation, polar asymmetry and 321 pointedness) [see Figure SF1 in Biggins et al. (2022)]. Using 50 egg-shapes out of the 965 322 species occupying diverse positions within the egg morphospace, we determined that for 323 these 50 egg-shapes the numerical value of the scaling exponent of the S vs. V relationship 324 is approximately 2/3, and that there is a statistically robust log-log linear relationship 325 between V and LW^2 and S and LW^2 (Figure 11). Importantly, 25 out of the 50 eggs are 326 pyriform, which yielded a proportionality coefficient for the pooled data that deviated 327 slightly from a numerical value of 0.52 (Figure 11B). However, this deviation does not 328 affect the proportional relationship between V(or S) and LW^2 , which provides a convenient 329 way to estimate V and S in a simple way. 330

331

332 CONCLUSIONS

Using morphometric data derived from >2200 eggs of six bird species, we show that the explicit Preston equation (EPE) provides the most robust method to predict egg volume using digitized 2-D egg profiles. The data also show that avian eggs can be modelled as a solid of revolution. In addition, a robust log-log linear relationship exists for *S* vs. *V* governed by a 2/3–power law, and, *V* is also shown to be proportional to the product of egg length (*L*) and maximum width squared (W^2). The data show that egg shape plays a significant role in determining proportionality (normalization) coefficients of log-log *S* vs. *V* scaling relationships. For non-pyriform eggs, coefficients are approximately 0.52. For pyriform eggs, the proportionality coefficient is approximately 0.51. The corresponding proportionality coefficient is approximately 3.14 for the pooled data. The methods and results presented here provide further insights into interspecific and intraspecific differences avian egg morphometrics and can be potentially extended to explore the evolution of non-avian eggs.

346

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351

352 COMPETING INTERESTS

353 The authors declare no competing interests.

354

355 AUTHOR CONTRIBUTIONS

356 All authors contributed integrally to the construction of all the points of the manuscript,

357 giving their consent for its publication; P.S., J.G., and K.J.N. designed this work; L.C., K.Y.,

- 358 Q.M., X.G., and M.L. carried out the experiment; P.S., and K.J.N. wrote the initial draft;
- and B.K.Q., and J.G. commented on and revised the final manuscript.

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361 DATA AVAILABILITY STATEMENT

The raw egg-shape data for 2221 eggs will be published in Dryad when this manuscript is

363 accepted.

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TABLES

Table 1. Information of egg samples

Family	Latin name	Location	Arrival date
Anatidae	Anas platyrhynchos domesticus	Hanshan, Ma'anshan, Anhui Province, China	22nd May, 2022
Anatidae	Anser cygnoides domesticus	Shouguang, Weifang, Shandong Province, China	26th May, 2022
Phasianidae	Alectoris chukar domesticus	Liyang, Changzhou, Jiangsu Province, China	22nd, October, 2022
Phasianidae	Coturnix japonica domesticus	Hanshan, Ma'anshan, Anhui Province, China	22nd May, 2022
Phasianidae	Gallus gallus domesticus	Hanshan, Ma'anshan, Anhui Province, China	22nd May, 2022
Phasianidae	Phasianus colchicus domesticus	Shanghe, Jinan, Shandong Province, China	12nd, October, 2022

FIGURE LEGENDS

FIGURE 1 Simulated egg shapes by Preston's equation (A) and the Todd-Smart equation (B).

FIGURE 2 Representative eggs for the six investigated species.

FIGURE 3 The adjusted root-mean-square errors (RMSEs) for the egg profiles using the explicit Preston equation. RMSE_{adj} represents the adjusted root-mean-square-error (RMSE), which is the RMSE between the observed and predicted *y*-values divided by half of an egg's maximum breadth. (A) The frequency distribution of the natural logarithm of the adjusted RMSEs. (B) The comparison of the natural logarithm of the adjusted RMSEs across the six avian species. The numbers above the whiskers represent the coefficients of variation (%). The horizontal solid lines represent the medians, and the asterisks within boxes represent the means.

FIGURE 4 Observed (gray) and predicted (red) geometries (boundary coordinates) of the six egg examples. The red curves were obtained using the explicit Preston equation. RMSE_{adj} represents the adjusted root-mean-square-error (RMSE), which is the RMSE between the observed and predicted *y*-values divided by half the egg's maximum breadth.

FIGURE 5 Interspecific comparisons of the surface area (S), volume (V), the quotient of an egg's maximum breadth (W) and egg length (L), and the quotient of the distance from the egg base to the point on the mid-line of the egg's profile associated with W, L_W , and egg length. The numbers above the whiskers represent the coefficients of 20 variation (%). The horizontal solid lines represent the medians, and the asterisks within boxes represent the means.

FIGURE 6 Linear fit to the data of the observed and predicted egg volume. The intercept was insignificant (P > 0.05), so it was removed from the linear regression. The reduced major axis protocols were used because the observations of the volumes using graduated cylinders had larger variances than those using the equation of the solid of revolution based on the re-expressed Preston equation (Equation (4)). Here, y denotes the predicted volume by Equation (4) based on the re-expressed Preston equation, and x denotes the observed volume using measuring cylinders; CI represents the 95% confidence interval of the slope.

FIGURE 7 Fitted scaling relationships between egg surface area and volume at the species level. Here, y denotes the natural logarithm of an egg's surface area, and x denotes the natural logarithm of an egg's volume; CI represents the 95% confidence interval of the slope; r^2 represents the coefficient of determination; n represents the sample size (i.e., the number of eggs); the straight line represents the regression line, and the marks around the straight line are the predicted egg surface area and volume using the explicit Preston equation.

FIGURE 8 Fitted proportional relationships between an egg volume and LW^2 at the species level. Here, *y* denotes the natural logarithm of an egg's volume, and *x* denotes the natural logarithm of the product of an egg's length and maximum breadth squared; K_V represents the proportionality coefficient; CI represents the 95% confidence interval

of the proportionality coefficient; r^2 represents the coefficient of determination; *n* represents the sample size (i.e., the number of eggs); the straight line represents the regression line, and the marks around the straight line are the predicted egg volume using the explicit Preston equation and the observations of LW^2 on a log-log scale. The dashed line in each panel denotes y = 0.52x.

FIGURE 9 Fitted scaling relationships between an egg's surface area and LW^2 at the species level. Here, *y* denotes the natural logarithm of an egg's surface area, and *x* denotes the natural logarithm of the product of an egg's length and maximum breadth squared; *K*_S represents the proportionality coefficient; CI represents the 95% confidence interval of the proportionality coefficient; *r*² represents the coefficient of determination; *n* represents the sample size (i.e., the number of eggs); the straight line represents the regression line with a given slope 2/3, and the marks around the straight line are the predicted egg's surface area using the explicit Preston equation and the observations of LW^2 on a log-log scale.

FIGURE 10 Fitted scaling relationships for the pooled data of the six avian species. (A) The scaling relationship between egg surface area and volume. (B) The proportional relationship between egg volume and LW^2 . (C) The scaling relationship with a constant scaling exponent 2/3 between egg surface area and LW^2 .

FIGURE 11 Fitted scaling relationships for the 50 egg-shape data from Biggins et al. (2022). (A) The scaling relationship between egg surface area and volume. (B) The proportional relationship between egg volume and LW^2 . (C) The scaling relationship with a constant scaling exponent 2/3 between egg surface area and LW^2 .

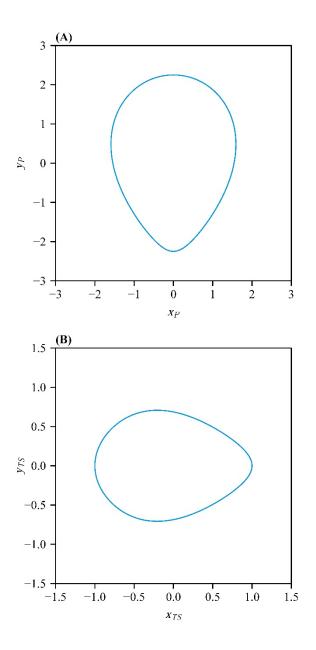


Figure 1

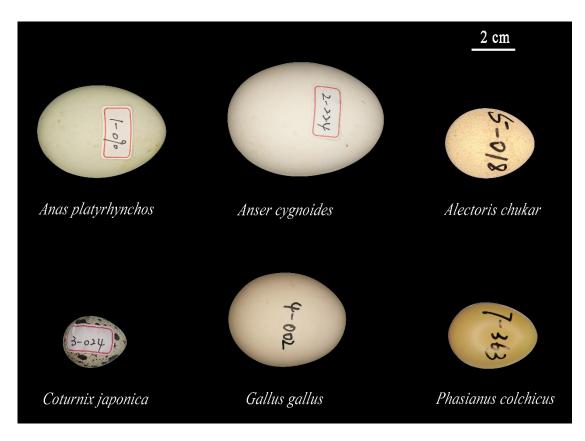


Figure 2

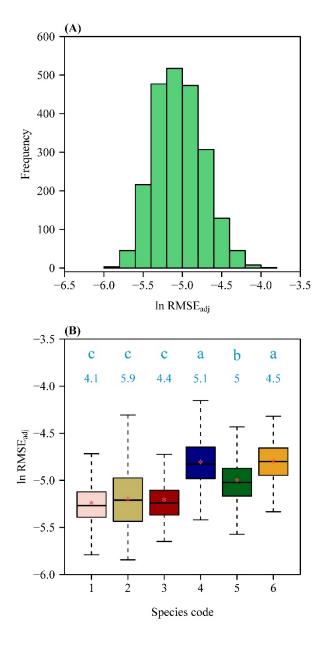


Figure 3

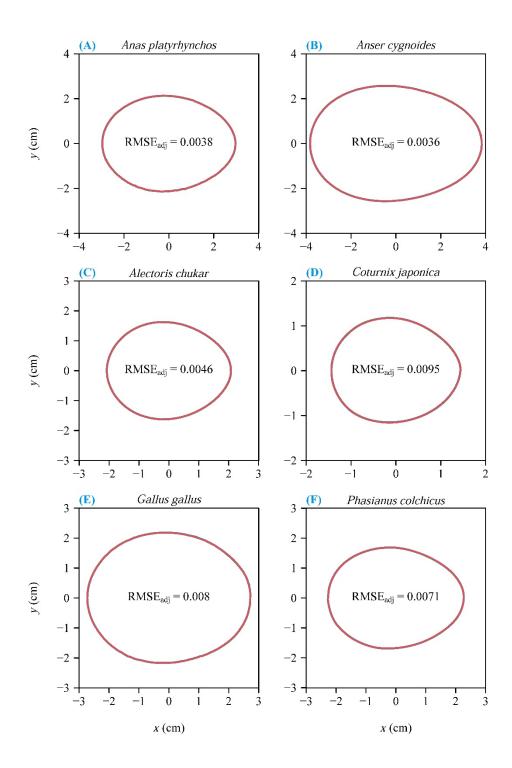


Figure 4

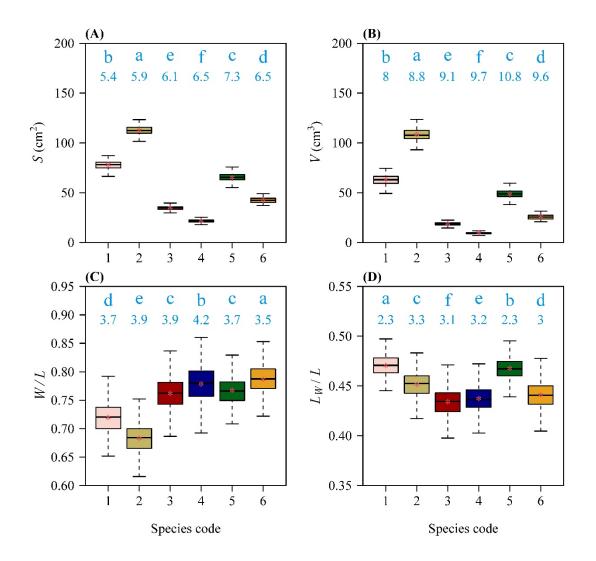


Figure 5

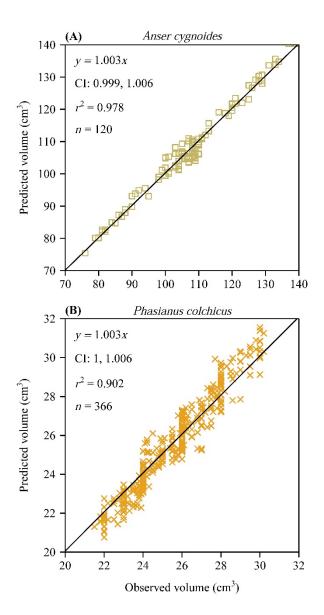


Figure 6

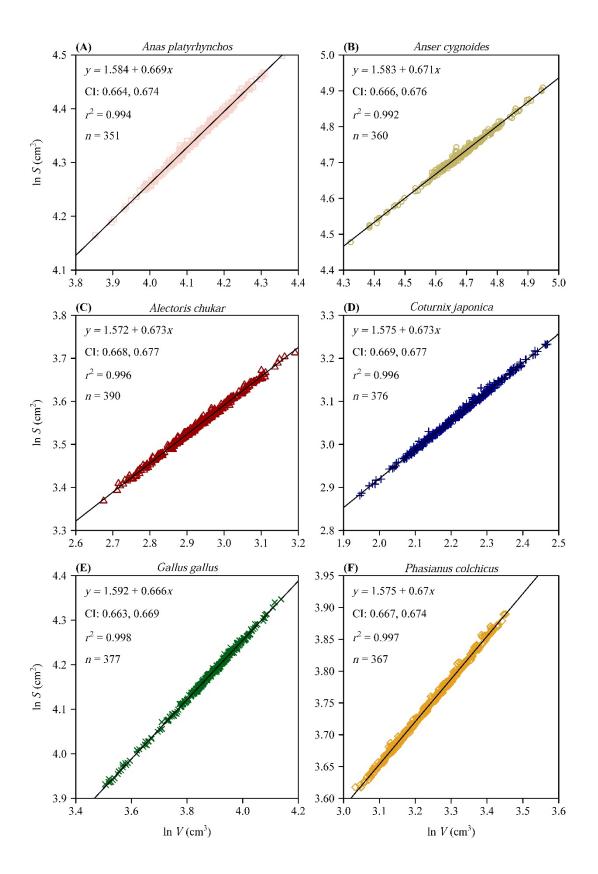


Figure 7

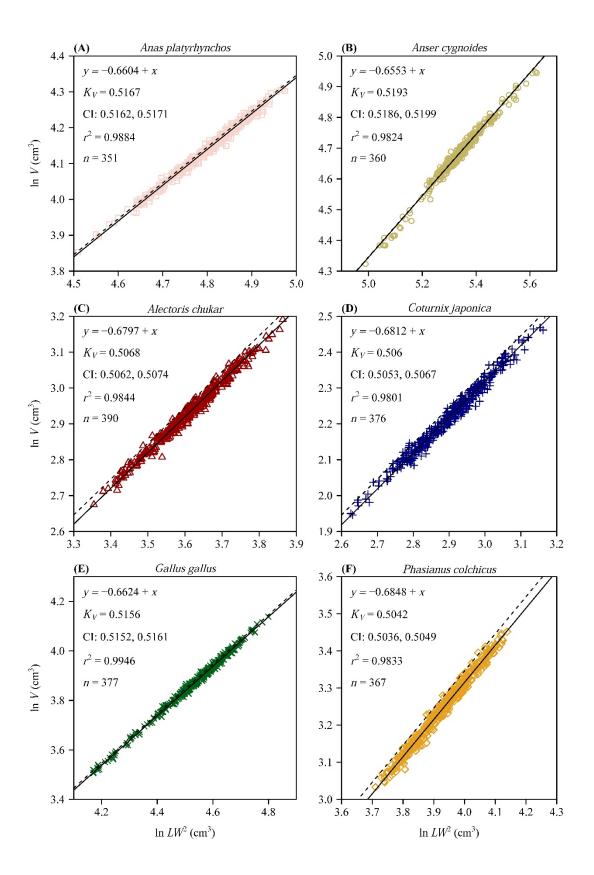


Figure 8

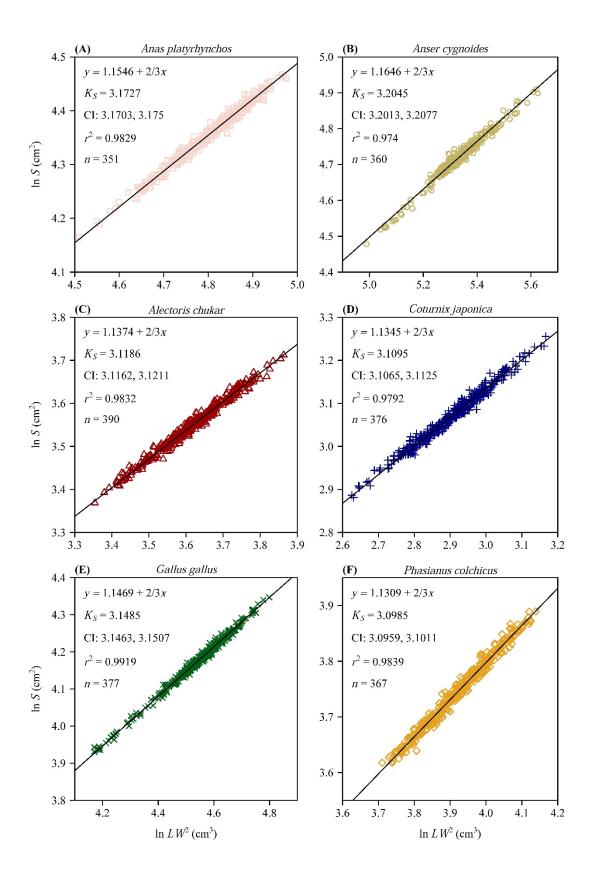


Figure 9

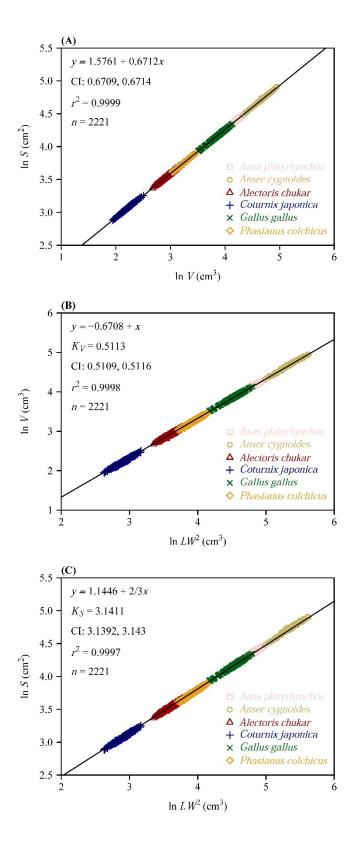


Figure 10

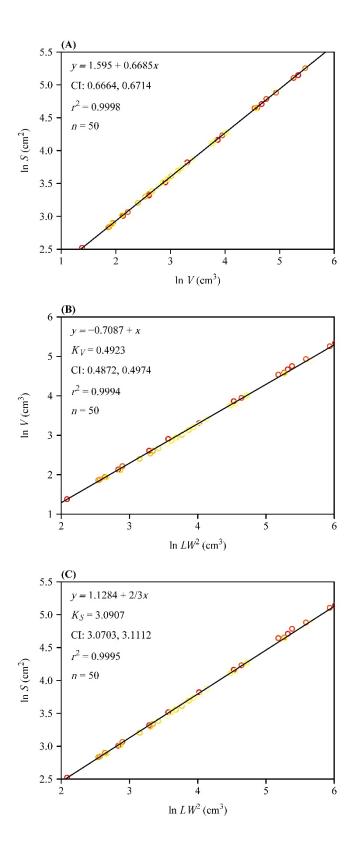


Figure 11