1	The environmental impact of household's water use: A case study in
2	Flanders assessing various water sources, production methods and
3	consumption patterns
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20 Abstract

21 Responsible water use and sustainable consumption and production are high on the agenda of multiple 22 stakeholders. Different water supply sources are available, including tap water, bottled water, 23 domestically harvested rainwater and domestically abstracted groundwater. The extent to which each of 24 these water supply sources is used, differs over consumption patterns in various housing types, being 25 detached houses, semi-detached houses, terraced houses and apartments. To identify the environmental 26 impact of a household's water use and potential environmental impact reduction strategies, a holistic 27 assessment is required. In this paper, the environmental impact of a household's water use in Flanders 28 (Belgium) was assessed including four different water supply sources and four different consumption 29 patterns by means of a life cycle assessment. The outcomes of this study reveal a large difference between 30 the environmental impact of bottled water use, having a global warming impact of 259 kg CO₂-eq.·m⁻³, 31 compared to the other three supply sources. Tap water supply had the lowest global warming impact 32 (0.17 kg CO₂-eq.·m⁻³) and resource footprint (6.51 MJ_{ex}·m⁻³) of all water supply sources. The most efficient 33 strategy to reduce the environmental impact of household's water use is to shift the water consumption 34 from bottled to tap water consumption. This would induce a reduction in global warming impact of the 35 water use of an inhabitant in Flanders by on average 80 %, saving 0.1 kg CO₂-eq. day⁻¹ in case of 36 groundwater-based tap water. These results provide insights into sustainable water use for multiple 37 consumption patterns and can be used to better frame the environmental benefits of tap water use.

38 Keywords

Water production; Life cycle assessment; Tap water; Resource footprint; Global Warming; Consumption
patterns.

41 1. Introduction

42 Access to clean water and sustainable water management have been prioritized on a global scale as one 43 of the seventeen Sustainable Development Goals for 2030 (UN General Assembly, 2015). On this global 44 scale, tap water and bottled water are major drinking water supply sources. Tosun et al. (2020) found that 45 improved access to tap water and better communication of the benefits of tap water could shift consumption away from bottled water to tap water. While it is clear that a shift from bottled water to tap 46 47 water would currently reduce the cost of water consumption, it remains unclear whether shifting water 48 consumption away from bottled water is the most efficient strategy to reduce the environmental impact 49 of a household's water use, as bottled water represents only a small fraction of the total water use. To 50 quantify this environmental impact, the life cycle assessment (LCA) methodology is commonly used. LCA 51 is a standardized method to evaluate the environmental impact of a product or service throughout its 52 lifecycle (ISO, 2006a; ISO, 2006b). Fantin et al. (2014) performed a harmonization study of existing LCA 53 studies, including 24 LCA studies of tap water and 33 LCA studies of bottled water, exclusively covering polyethylene terephthalate (PET) bottles. The mean global warming (GW) impact was 0.9 kg CO₂-eq.·m⁻³ 54 for tap water, while it amounted to 162.4 kg CO₂-eq.·m⁻³ for bottled water. However, none of the studies 55 56 took the consumption pattern of household's water use into account, which is required to calculate the 57 benefit of the water consumption shift from bottled to tap water. For a good estimation of this benefit, a 58 detailed assessment of the environmental impact of household's water use is required. Although the 59 difference in environmental impact between tap water and bottled water seems to be evident, a large 60 difference in the estimates for tap water was found by Fantin et al. (2014). These differences are mainly 61 due to different tap water withdrawal sources (e.g. groundwater or seawater) leading to different 62 treatment systems. In addition, different assumptions regarding the distribution network led to varying 63 environmental impact results.

64 Tap water and bottled water are the main studied water supply sources. However, also domestically 65 harvested rainwater and domestically harvested groundwater can provide water to a household. Ghimire 66 et al. (2014) compared the environmental impact of tap water, domestically harvested rainwater, 67 agriculturally harvested rainwater and abstracted groundwater (well water). The GW impact of these four 68 water supply sources ranged from 0.084 kg CO₂-eq.·m⁻³ in case of agriculturally harvested rainwater to 69 0.85 kg CO₂-eq.·m⁻³ in case of tap water. However, no study was found which assessed the environmental 70 impact of all four water supply sources, which is required to assess the environmental impact of the total 71 water use of a household. Moreover, the extent to which these four water supply sources are used also 72 differs, as not all water supply sources can be used for the same applications and consumption patterns 73 vary for different housing types (Vlaamse Milieumaatschappij, 2018).

74 People in Flanders have a relatively low preference for tap water consumption as only 32 % indicated that 75 they mostly prefer drinking tap water over bottled water (Vlaamse Milieumaatschappij, 2018). Based on 76 a European survey, Ecorys (2015) found very different results for neighboring countries. The share of 77 respondents that indicated to prefer mostly tap water over bottled water in the Netherlands, France and 78 Germany was 98, 73 and 85 %, respectively, while in the whole of Belgium, this was 59 %. Geerts et al. 79 (2020) investigated the reasons for Flanders' high bottled water consumption and concluded that this 80 could mainly be explained by social norms and negative perceptions about tap water quality. However, 81 the water quality is strictly regulated in Flanders by the drinking water directive (Vlaamse Regering, 2002). 82 A study in 2019 by the Flanders Environmental Agency summarized tap water quality controls and 83 concluded that the tap water quality in Flanders was to a very high extent in line with the high quality 84 requirements (Vlaamse Milieumaatschappij, 2019b). Tap water is already very accessible in Flanders, 85 which was also indicated by the respondents in the survey of Ecorys (2015). This leaves a better 86 communication of the benefits of tap water as a major strategy to enhance a shift in consumption from 87 bottled water to tap water.

88 In Flanders, tap water can originate from groundwater or surface water, accounting for 47.3 and 52.7 % 89 of Flanders' tap water supply in 2018, respectively (Vlaamse Milieumaatschappij, 2019a). As the 90 withdrawal source, treatment technologies and distribution network are regionally dependent, a specific 91 environmental impact assessment on tap water supply in Flanders is required to assess the environmental 92 impact of household's water use (Meron et al., 2016). Besides being dependent on the region, the 93 environmental impact of household's water use also depends on technology development over time. 94 Water treatment technologies and auxiliary equipment are constantly evolving, which should also be 95 taken into account (Chen et al., 2019).

96 The objective of this paper is to assess the environmental impact of household's water use in Flanders.
97 This study contributes to the current state of the art by performing a holistic assessment, which covers
98 both different consumption patterns and different supply sources, and therefore forms a harmonized
99 assessment of the various aspects influencing a household's water use.

100 2. Material and methods

The environmental impact of household's water use was assessed by means of an attributional LCA, following the ISO guidelines 14040/44 and the four methodological steps being 1) goal and scope definition; 2) life cycle inventory; 3) life cycle impact assessment and; 4) interpretation (ISO, 2006a; ISO, 2006b).

105 2.1 Goal and scope definition

As the main contributor to the water supply, tap water production was assessed in more detail in a first analysis. Here, the environmental impact of three different sources of tap water was compared; treated by an existing groundwater treatment facility, a newly built groundwater treatment facility with technological differences compared to the first, and an existing surface water treatment facility. The function of these systems was to produce purified water that can be distributed and consumed. The functional unit of the first analysis was therefore 1 m³ water produced at the facility. The scope of this first analysis did not include the distribution of the water to the household. To enable comparison with the surface water treatment, the results of the newly built groundwater treatment facility were provided with and without the infrastructure.

115 In a second analysis, the environmental impact from the supply of tap water, originating from the newly 116 built groundwater treatment facility, was compared with the environmental impact of the other three 117 water supply sources in Flanders, being (PET) bottled water, domestically harvested rainwater and 118 domestically abstracted groundwater. The function of these water supply sources was to supply water to 119 a household. The functional unit of the second analysis was therefore 1 m³ water supplied to an average 120 Flemish household. The tap water in this analysis was supplied by the newly built groundwater treatment 121 facility including the current distribution network. The newly built groundwater treatment facility was 122 selected to be the tap water supply source as this is the most up-to-date tap water production and no 123 specific information was available on the infrastructure and distribution of the surface water treatment 124 facility.

125 In the third analysis, the environmental impact of the water consumption of an average inhabitant in 126 Flanders was assessed. This environmental impact was then compared to the environmental impact of 127 the water consumption for inhabitants of different housing types, being terraced houses, semi-detached 128 houses, detached houses and apartments. The function of these consumption patterns was to consume 129 enough water to cover the daily needs of one person in a household. The functional unit of the third 130 analysis was therefore the daily water consumption per capita for a specific household. In this way, also 131 the difference in total water consumption was included in the comparison of the consumption patterns.

132 The system boundaries started from the groundwater abstraction or rainwater harvesting and end when 133 the water left the tap in the households. Infrastructure, including piping, buildings and tanks, were

included in the system boundaries, except for the surface water treatment facility, where this information
 was not available. Also the distribution inside the household's building was included. The tap itself was
 not included. The amount of bottled water consumption was assumed to be similar for the different
 consumption patterns.

Finally, a sensitivity analysis was performed to identify the parameters which influence the environmentalimpact of different water supply sources the most.

140 2.2 Description of cases

141 2.2.1 Tap water production analysis

142 In the first analysis, the current groundwater treatment facility was compared to a new groundwater 143 treatment facility and a surface water production facility. In the new facility, which will replace the existing 144 one, less chemicals were used in the treatment process. However, this came at the cost of a higher energy 145 consumption. The three processes are illustrated in Figure 1.

146 The current groundwater treatment facility produced 2.5 million m³ drinking water per year. The system 147 boundaries and the different processes are illustrated in Figure 1a. The first process step was the 148 abstraction of water from two water abstraction areas situated in Wuustwezel and Essen. The abstracted 149 water was pumped through a piping network to the top of the aerator and flowed through the following 150 treatment steps by gravitational force. After the aerator, the water passes a static decantor, which 151 removes oxidized iron (Fe³⁺) in the form of Fe(OH)₃. Coagulation and flocculation were aided by dosing 152 hydrated lime (Ca(OH)₂) to increase the pH, NaClO as an additional oxidizer for iron and the polyelectrolyte 153 FL 4440 SEP as a coagulant. Next, the overflowing water entered a sand filter where the remaining iron 154 was filtered and ammonia and manganese were removed. Then, the water was disinfected with NaClO 155 and stored in reservoirs.

156 The sludge, sedimented in the decanter and formed after the backwash of the sand filter, entered a buffer 157 reservoir. Next, the sludge was thickened and centrifuged by adding a polyelectrolyte whereby an iron-158 rich dewatered sludge was obtained. The remaining water with a low sludge content was disposed into a 159 settling basin. The overflow clear water flowed to an infiltration basin, while the settled sludge was 160 pumped to a natural sludge drying basin. Here, water evaporated resulting in an iron-rich dried sludge. 161 The iron-rich dried sludge and iron-rich dewatered sludge were mainly used for desulphurization in biogas 162 production as this is a cheaper way to add iron to the anaerobic digester compared to dosing iron salts. 163 The most regularly dosed Fe is in the form of FeCl₂ and therefore, the use of iron-sludge for 164 desulphurization was assumed to replace the use of FeCl₂ (Awe et al., 2017).

165 The new groundwater treatment facility, currently under construction, abstracted groundwater from the 166 same two water abstraction areas as the current groundwater treatment facility. However, other 167 purification processes were applied (Figure 1b). First, the raw water flowed through a static mixer to 168 obtain a uniform quality and was then pumped to the top of the spray aerator. Subsequently, the water 169 passed through a first sand filter where iron removal took place. Next, the water was pumped to a second 170 sand filter. A polyelectrolyte was added to improve the coagulation and flocculation of colloid particles 171 present after the first filtration stage. In this sand filter medium, oxidation of ammonia nitrogen and 172 manganese was established by nitrifying and manganese-oxidizing bacteria, respectively. Next, the water 173 was again pumped to the top of an aeration tower to lower the water aggressiveness by reducing the CO_2 174 concentration. Finally, the water flowed to four reservoirs, where six UV reactors were located 175 downstream for disinfection. The polluted wash water used in both sand filters was expected to undergo 176 the same treatment as the sludge in the current groundwater treatment facility. No hydrated lime was 177 added in the process of the new treatment facility, so a lower total amount of sludge was produced with a higher iron content (380 g Fe³⁺·kg⁻¹ dry solids instead of 260 g Fe³⁺·kg⁻¹ dry solids). Therefore, the same 178 179 amount of iron ended up in the sludge, which was used for desulphurization.

180 The surface water treatment facility in Harelbeke (Figure 1c) purified water abstracted from the 181 canal Bossuit-Kortrijk and was managed by the water chain company De Watergroep. De Watergroep is 182 the largest tap water supplier in Flanders, delivering tap water to 3.2 million customers. After pumping 183 and sieving, the surface water flowed from the bottom through a granulated bed to the top of one of the 184 five nitrification reactors where NH_4^+ is oxidized to NO_3^- by bacteria. Second, the water flowed over the 185 reactor where it fell by gravity into two flocculators placed in series. In the waterfall, the flocculant FeCl₃ 186 and a polyelectrolyte were dosed and microflocs were immediately formed. Then, the water flowed 187 through one of the three filter beds to retain the suspended solids. Next, the water flowed to the pond of 188 the provincial recreation area De Gavers. The water was then pumped to undergo a post-treatment where 189 the water was split into two fractions. A big water fraction was treated by a floc filtration process to 190 remove suspended solids and to reduce the turbidity. This fraction was then stored in a reservoir. Since 191 2009, 7500 m³ day⁻¹ extra water was pumped from the pond. This second fraction of water was sieved 192 and then treated by ultrafiltration. Then, both water fractions flowed together through active carbon 193 filters. The water was then stored in reservoirs. Before pumping the water up for distribution, both NaClO 194 and NaOH were added to disinfect and to maintain the desired pH in the pipes, respectively. Occasionally, 195 all types of filtration were backwashed with air and water. The latter was collected in a buffer tank and 196 was then treated. First, the water was pumped to a sludge thickener where a polymer was added to 197 improve floc formation. The overflowing water was filtered with a dynasand filter where FeCl₃ was added 198 and then pumped into the pond in De Gavers, while the thickened sludge was mixed with $Ca(OH)_2$, 199 pumped and sent through a filter press. The remaining water returned to the buffer tank and the filter 200 cake was discarded from the plant and further processed in biodigesters. The filter cake was assumed to 201 substitute for FeCl₂ in the same quantity as for the groundwater treatment.





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2.2.2 Comparison supply of tap water, bottled water, domestically harvested rainwater

207

and domestically abstracted groundwater

208 In the second analysis, four water supply sources were compared, being tap water, produced by the newly 209 built groundwater treatment facility, bottled water, domestically harvested rainwater and domestically 210 harvested groundwater. Figure 2 provides the life cycle of these supply sources. For tap water, the 211 distribution network was included in the foreground system (Figure 2a). Drinking water leaving the 212 groundwater treatment facility was pumped into different distribution networks, using high pressure 213 pumps. One water tower was located along the distribution network. Firewater and wash water used for 214 the pipes and leakages accounted for 7.1 % of the total produced drinking water. The fuel consumption 215 of the vehicles, including AdBlue as an additive, was used for the maintenance of the distribution network.

216 The life cycle of **bottled water** was illustrated in Figure 2b. The bottled water was assumed to originate 217 from natural sourced water, which was treated by a carbon filter, water softener, UV system and ozone 218 system (Dettore, 2009). A reverse osmosis system was excluded due to its irrelevance for European 219 markets, following the assumptions of Vanderheyden and Aerts (2014). In the bottling facility, the bottles 220 were rinsed, filled, labelled, capped and packed. Afterwards, the bottles were transported to retail, where 221 they were bought by the consumers. After the water consumption, the bottles were collected, sorted and 222 recycled to secondary PET granules (87 %) (Fost Plus, 2017). The remaining part was incinerated where 223 the energy was recovered.

Figure 2c illustrated the life cycle of **domestically harvested rainwater**. According to the regulation in Flanders, the provision of a rainwater harvesting system that can store at least 5 m³ was in most cases obligated for newly built or rebuilt houses (Vlaamse Regering, 2014). A two-story house was considered with a surface area of 100 m² and a height of 6.4 m (Ghimire et al., 2014; Winters et al., 2013). The gutter, where the rainwater was collected, was assumed to consist of a half-open PVC pipe and has a length equal to the perimeter of the roof (Ghimire et al., 2014). The water passed through the downpipe, was stored
in a storage tank of 5 m³ (Alim et al., 2020) and distributed through the household.

231 The process system for **domestically abstracted groundwater** was illustrated in Figure 2d and Figure 2e. 232 The well was made out of a polyvinyl chloride (PVC) casing with a diameter of 20 cm. Inside the PVC casing, 233 a PVC pipe was placed. Around the PVC casing, a clay seal was applied around the first two meters and 234 the last two meters of the pipe (VLAREM II, 2019). At the beginning of the PVC casing, a gravel filter was 235 positioned to filter the abstracted water. Besides the PVC pipe to abstract the water, a PVC pipe to monitor 236 the well was placed. In addition, a PVC well screen was included to close both the abstraction pipe and 237 PVC casing. After abstraction, the water was distributed in the household. Before entering the household, 238 a chamber was constructed where the different control devices can be placed. This chamber had a 1 meter 239 length, a 2 meter width and a 1.2 meter depth as are the minimal requirements (VLAREM II, 2019).



Figure 2 a) Tap water production (Infrastructure was included in the foreground system, but not shown on the figure); b) Bottled

242 water production (Transport and infrastructure were also included in the foreground system, but not shown on the figure; For

243 PET bottle production, the blow molding process was included in the foreground system); c) Domestically harvested rainwater

(Infrastructure was included in the foreground system, but not shown on the figure); d) System boundaries domestically
abstracted groundwater (The infrastructure for the distribution in the building was also included, but not shown on the figure);
e) Groundwater abstraction infrastructure.

247 2.2.3 Comparison water use by detached, semi-detached, terraced and apartment248 households

In the third analysis, the water consumption was compared for four consumption patterns as provided in Table 1. On average, in Flanders, 0.4 liter bottled water·person⁻¹·day⁻¹ was used for consumption, whereas tap water, mainly used for household applications, such as cooking, showers, toilets and laundry added up to 100 liter water·person⁻¹·day⁻¹ (Vlaamse Milieumaatschappij, 2018). Besides consuming tap water bottled water, households in Flanders consumed on average 11.9 liter domestically harvested rainwater·person⁻¹·day⁻¹ and 1.7 liter domestically abstracted groundwater·person⁻¹·day⁻¹ (Vlaamse Milieumaatschappij, 2018).

Table 1. Composition of the water supply for multiple consumption patterns in Flanders in 2016 (Vlaamse Milieumaatschappij,
 2018)

	Average	Detached	Semi-detached	Terraced	Apartment
	consumer	house	house	house	
Tap water	87.7 %	79.7 %	85.0 %	91.6 %	96.1 %
Bottled water	0.4 %	0.3 %	0.4 %	0.4 %	0.4 %
Harvested rainwater	10.4 %	17.9 %	11.3 %	8.0 %	3.5 %
Abstracted groundwater	1.5 %	2.0 %	3.3 %	0.0 %	0.0 %
Total water	114 l·day ⁻¹	115 l·day⁻¹	108 l·day⁻¹	94 l∙day⁻¹	101 l·day ⁻¹
consumption per person					

259 2.3 Life cycle inventory

260 For the life cycle inventory of the current groundwater production facility, primary data from an existing 261 plant in Essen were used, managed by the water chain company Pidpa. Pidpa is the main water supplier 262 in the province of Antwerp, delivering tap water to 1.2 million customers. The data covered average 263 operating conditions in 2017. For the chemical consumption, average quantities bought by the company 264 in the time period 2012-2017 were included. Data from the infrastructure were based on the demolition 265 inventory of the facility. However, only half of the installation was considered as the other half is not in 266 use anymore. Of the operational facility, only 40 % of the capacity is currently used as the facility is located 267 in the outskirts of Flanders. Data for background processes were retrieved from the ecoinvent database, 268 version 3.5 (Wernet et al., 2016), using the software Simapro, version 9.0.0.33. The input data for the 269 current groundwater production facility and the corresponding life cycle inventory can be found in Table 270 A1 and Table B1 in the Supplementary Information, respectively.

Primary predicted design data from Pidpa were used for the life cycle inventory of the new groundwater treatment facility. The facility operated at an expected occupation rate of 63 %, which is the average operation rate of Pidpa's 11 groundwater treatment facilities. Consequently, the newly built groundwater treatment facility produced 4.3 million m³·year⁻¹ of drinking water. Table A2 and B2 in the Supplementary Information can be consulted for an overview of all the input parameters and the full life cycle inventory, respectively, of the new groundwater treatment facility.

For the life cycle inventory of the operational surface water treatment facility, primary data from the water chain company 'De Watergroep' were obtained. Chemical consumption data for this facility were based on average consumption in the period 2013-2017. The quantities for the filter media were approximated values. The total annual energy consumption was provided and was not further allocated to the different process steps. No data on the infrastructure were available. Full information on the input

data and the life cycle inventory of the surface water treatment facility is provided in Table A3 and B3 of
 the Supplementary Information, respectively.

To assess the tap water supply, the distribution network of Essen was included, which is approximately 285 281 km long and is currently serving 21,000 people and 130 companies. Inside the household's building, 286 a piping system of 23.7 m of PVC pipes with a diameter of 19 mm was assumed, in accordance with the 287 assumption of Ghimire et al. (2014) for the in-house distribution of domestically abstracted groundwater. 288 Table A4 and B4 can be consulted for the full input data and the corresponding life cycle inventory of the 289 tap water distribution, respectively.

290 The data from the bottled water production originated mainly from Vanderheyden and Aerts (2014). The 291 bottles were assumed to be 1.5 liter PET bottles (Vanderheyden and Aerts, 2014). Labels, ink and glue 292 were excluded, following the assumption of Dettore (2009) that their environmental impact is less than 1 293 % of the impact of the total system. Transportation between the bottle producing company, bottling 294 facility (250 km), retail (500 km) and household (16 km round-trip) was included (Vanderheyden and Aerts, 295 2014). One passenger car was assumed to carry 30 items of retail goods. Therefore, one thirtieth of the 296 environmental impact of the round trip was allocated to the 1.5 liter bottle (Vanderheyden and Aerts, 297 2014). The input parameters and the life cycle inventory of bottled water can be found in Table A5 and B5 298 in the Supplementary Information, respectively.

The data for the domestically harvested rainwater were mainly based on the LCA from Ghimire et al. (2014). The harvested rainwater was assumed to be only suitable for toilet flushing, laundry, cleaning and gardening. On average, 50 liter water·day⁻¹·person⁻¹ was used for these four purposes (Vlaamse Milieumaatschappij, 2018). An average household consisted of 2.32 persons, which led to a total amount of 116 liter·day⁻¹·household⁻¹ of rainwater used (Statistiek Vlaanderen, 2018). Table A6 and B6 in the Supplementary Information provide the input data and life cycle inventory of the domestically harvested rainwater, respectively.

306 For the domestically abstracted groundwater, the life cycle inventory was calculated based on the Flemish 307 regulations for ground water wells in soft soil layers (VLAREM II, 2019). The well was assumed to be 7.5 308 m deep, based on an average Flemish domestic groundwater well (Vlaamse Milieumaatschappij, 2020). 309 Domestically abstracted groundwater can be used for all water applications in the household; however, the quality of the water can be questionable. On average, 1.7 liter person⁻¹ day⁻¹ domestically abstracted 310 311 groundwater was consumed. However, as only 8.7 % of the Flemish households used this water supply, this means that per household abstracting its own groundwater, 45 liter day¹ of water was abstracted 312 313 (Vlaamse Milieumaatschappij, 2018). The assumption was made that this water was used additionally to 314 the rainwater as other applications are possible for rainwater. Domestically abstracted groundwater 315 would therefore substitute for tap water and not for rainwater. All input data and the full life cycle 316 inventory of the domestically abstracted groundwater can be found in Table A7 and B7 in the 317 Supplementary Information, respectively.

318 2.4 Life cycle impact assessment

319 For the environmental impact assessment, two different methods were used. To quantify the 320 environmental impact related to the emissions, the fourteen emission-related midpoint indicators of the 321 ReCiPe 2016 method were used (Huijbregts et al., 2016). To quantify the resource-related environmental 322 impacts, the Cumulative Exergy Extracted from the Natural Environment (CEENE) method was used 323 (Alvarenga et al., 2013; Dewulf et al., 2007). The CEENE method accounts for the cumulative amount of 324 exergy which is extracted from nature during the entire lifecycle of a product and was recommended as 325 the most appropriate method to quantify resource use based on thermodynamics (Berger et al., 2020; 326 Liao et al., 2012). The exergy of a resource is the upper limit of the useful work that can be obtained from 327 this resource, given the prevailing environmental conditions. Exergy is expressed in one common unit 328 (joules of exergy) and includes both the quantity as well as the quality of the resource. The CEENE method 329 includes multiple natural resource categories being abiotic renewable energy; fossil fuels; nuclear energy;

metal ores; minerals (and mineral aggregates); water resources; and land and biotic resources (Dewulf etal., 2007).

332 2.5 Sensitivity analysis

333 An LCA study is sensitive to the quality of the used variables (Reap et al., 2008). Therefore, it is important 334 to assess the sensitivity of the outcome to variations in the different variables. The extent to which each 335 of the included parameters influenced the indicators, was assessed in a sensitivity analysis, which was 336 based on a Monte Carlo analysis. In this way, the most important parameters could be identified and 337 further discussed in more detail. All input parameters in the model, which can be consulted in 338 Supplementary information A, were varied (10,000 iterations) within a triangular distribution (-10 %;+10 339 %) to identify the crucial parameters that influence the results the most (Thomassen et al., 2019). To 340 perform this sensitivity analysis, Oracle's Crystal Ball software was used.

341 **3. Results**

The main impact categories of interest for this study were the GW impact and the resource footprint. The GW impact was selected because this was found to be the most used environmental impact indicator and this choice enabled the comparison of the results with other studies. The resource footprint was selected as this environmental impact indicator focusses on resource use instead of emissions and provides therefore additional insights compared to the GW impact. The results of the other impact indicators are provided in Supplementary information C.

348 3.1 Tap water production analysis

In the first analysis, the difference in environmental impact of 1 m³ tap water produced by the current groundwater treatment facility, the new groundwater treatment facility and the current surface water treatment facility was assessed. Figure 3 provides the difference in GW and resource footprint for the different components. The new groundwater treatment facility had a 25 % lower GW impact but a 6 %

353 higher resource footprint than the current groundwater treatment facility. The lower GW impact can be 354 explained by the lower chemical consumption of the new groundwater treatment facility. While the 355 chemical consumption contributed 37 % to the GW impact of the current water treatment facility, it 356 contributed only 3 % to the GW impact in the new water treatment facility. The chemicals with the highest 357 GW impact in the current groundwater treatment facility were the hydrated lime and NaClO used in the 358 decantation stage, contributing 18 and 8 % to the GW impact, respectively. The new groundwater 359 treatment facility had a 45 % higher energy consumption for the water treatment process compared to 360 the current treatment facility. In the new groundwater treatment facility, this energy consumption 361 contributed 65 % to the GW impact instead of 33 % in the current groundwater treatment facility.

362 The 6 % higher resource footprint of the water produced by the new water treatment facility was mainly 363 caused by its higher energy consumption. The resource footprint of the chemicals in the new groundwater 364 treatment facility was 10 times lower than in the current groundwater treatment facility. The resource 365 footprint of the infrastructure was 28 % higher for the current groundwater treatment facility than for the 366 new groundwater treatment facility. This can be explained by the higher operational rate of the new 367 groundwater facility, 63 %, compared to the 40 % operational rate of the current groundwater facility. 368 Fossil and nuclear resources were the most extracted resources for both facilities. Regarding the fossil 369 resources, 40 % were used for chemical production for the current groundwater treatment facility, 370 whereas 72 % were used for the energy production in the new groundwater treatment facility. Regarding 371 the nuclear resources, energy consumption was responsible for 94 and 99.7 % of the nuclear resource use 372 in the current and new groundwater treatment facility, respectively.

Not taking into account the infrastructure, surface water treatment had a seven times higher GW impact and a five times higher resource footprint than the new groundwater treatment facility. This can be explained by the more extended purification process which required both more energy and chemicals. In the surface water treatment, the energy consumption contributed 49 % to the total GW impact. Active 377 carbon which was required for filtration, contributed 57 % to the GW impact of all chemicals and 30 % to 378 the total GW impact of surface water treatment. NaClO used in the disinfection process was responsible 379 for 8 % of the GW impact of surface water treatment. In the groundwater treatment process without 380 infrastructure, 92 % of the total GW impact was attributed to the energy consumption, where the energy 381 requirement for groundwater abstraction contributed 65 % to the total GW impact.

Regarding the resource footprint, fossil and nuclear resources had the highest contribution to the resource footprint of both treatment processes. In the groundwater treatment, fossil and nuclear resources were mainly consumed for the groundwater abstraction energy, which contributed 70 % and 71 % to these resource categories. During the surface water treatment, fossil and nuclear resources were mainly consumed for the overall energy use (46 and 93 %, respectively). The main chemicals contributing to the resource footprint were active carbon and NaClO responsible for 33 and 8 % of the total fossil resource use.



Figure 3. Global warming (a) and resource footprint (b) of the current groundwater treatment facility, new groundwater treatment facility, new groundwater treatment facility without infrastructure and current surface water treatment facility without infrastructure per m³ drinking water produced

393 3.2 Comparison supply of tap water, bottled water, domestically harvested rainwater and

394 domestically abstracted groundwater

Table 2 provides the GW impact and resource footprint of the four water supply sources as compared in the second analysis. A particularly large difference in global warming and resource footprint existed between bottled water and the other three water sources. Tap water, originating from the new groundwater treatment facility, had the lowest GW impact and resource footprint. Fossil fuel had a large contribution to the resource footprint for all four water supply sources, contributing 34 % for tap water,
71 % for bottled water, 43 % for domestically harvested rainwater, and 28 % for domestically abstracted
groundwater. Nuclear resources were also important for the resource footprint of tap water, domestically
harvested rainwater and domestically abstracted groundwater (i.e. 32 %, 30 % and 36 %).

403 Table 2. Global warming (GW) impact and resource footprint of the four water supply sources

	GW (kg CO₂-eq·m ⁻³)	Resource footprint (MJ _{ex} ·m ⁻³)
Tap water	0.17	6.51
Bottled water	259	5236
Domestically harvested rainwater	0.67	31.6
Domestically abstracted groundwater	0.90	39.8

404

Figure 4 presents the contribution of the different components to the GW impact and resource footprint of the water supply sources. For tap water supply, the energy consumption to pump the drinking water through the distribution network was responsible for 31 and 43 % of the GW impact and resource footprint, respectively. Important components for the fossil resource use in the infrastructure and maintenance of the distribution network were the pipes (22 % of the total fossil resource use) and the fuel consumption during transport for maintenance (15 % of the total fossil resource use). The majority of the nuclear resources, 55 %, were used for the energy consumption in the distribution network.

For bottled water, the distribution from the retail to the household was responsible for 45 % of the GW impact. Other important GW impacts were originating from the PET production (27 %) and the bottled water transport to the retail (25 %). The transport from the retail to the household consumed 47 % of the fossil resources. Another major contributor to the fossil resource footprint was the PET production (42 %), however, 71 % of this fossil resource use was compensated by the recycling of PET.

The main responsible for the GW impact and resource footprint of domestically harvested rainwater was the energy consumption of the pump (59 and 68 %, respectively). The material requirement for the 5 m³ HDPE storage tank had a contribution of 60 %, whereas the pump energy consumption consumed 34 % of the fossil resources. For the mineral resource category, the collection system through the gutter (25 %) had a large contribution.

For the domestically abstracted groundwater, the pumping energy had the largest contribution to both the GW impact (69 %) and the resource footprint (83 %). Also, fossil and nuclear resources were mostly consumed by the pumping energy (64 and 96 %). In the mineral resource category, the concrete for the control chamber had a contribution of 81 %.



427 Figure 4. Contribution of the different components of the water supply sources to global warming and resource footprint impact

428 categories based on a functional unit of 1 m³ water supplied to a household

429 3.3 Comparison water use by detached, semi-detached, terraced and apartment430 households

Figure 5 provides the comparison between the water consumption, the related GW impact and resource footprint for an average inhabitant in Flanders and for the different consumption patterns. For an average inhabitant, tap water took up 88 % of its daily water use. However, tap water was only responsible for 13 and 20 % of the GW impact and resource footprint of this daily water use, respectively. Bottled water, on the contrary, contributed only 0.4 % to the daily water use, but was responsible for 80 and 66 % of the GW impact and resource footprint of the daily water use of an average person in Flanders, respectively.

Detached house inhabitants had the highest environmental impact due to their largest water consumption. Moreover, detached house inhabitants used more rainwater and domestically abstracted groundwater, which both had a larger environmental impact per m³ than tap water. Terraced house inhabitants had the lowest water consumption. However, they used more domestically harvested rainwater, which led to a higher GW impact and resource footprint compared to apartment inhabitants.



Figure 5. Comparison in (a) water consumption (b) global warming impact and (c) resource footprint for an average inhabitantand inhabitants of different housing types in Flanders.

445 3.4 Sensitivity analysis

446 In Figure 6, the parameters that influence the environmental impact the most for the four water supply 447 sources are provided. For the new groundwater treatment facility, the energy consumption in the 448 distribution network, the energy during water abstraction and the upstream GW impact and nuclear 449 resource use of the electricity mix used for the distribution were the most important parameters. The 450 environmental impact of tap water in Flanders was therefore highly dependent on the electricity mix in 451 Flanders. The energy consumption in the distribution network of Essen is relatively low compared to the 452 energy consumption in Pidpa's other water treatment facilities, where it can be up to 56 % higher. This 453 can be explained by the location of the water treatment facility and the relatively low required pressure 454 for water entering for the distribution network. If this higher distribution energy consumption would be 455 assumed, the GW impact and resource footprint of the tap water supply would increase with 18 % (to 0.19 kg CO₂-eq.·m⁻³) and 24 % (to 8.07 MJ_{ex} ·m⁻³), respectively. 456

457 The most important parameter influencing the environmental impact of bottled water was the amount of 458 items purchased per round trip to the retail, which was assumed to be 30 (Vanderheyden and Aerts, 2014). 459 This amount of items was used to allocate the passenger car transport to one bottle of 1.5 liter water. 460 Following this allocation method, 356 km of passenger car transport was allocated to 1 m³ purchased 461 bottled water, as a round trip equaled 16 km. An alternative allocation method of the passenger car 462 transport can be based on the economic value of a bottle of water relative to the total purchased retail 463 goods by an average household. Following this alternative method, 224 km of passenger transport would 464 be allocated to 1 m³ bottled water, resulting in a GW impact of 215 kg CO₂-eq. m⁻³ and a resource footprint of 4,477 MJ_{ex}·m⁻³. The calculation for both allocation methods is provided in Supplementary information 465 466 D.

467 As the amount of purchased items was identified as a crucial parameter, maximizing the amount of 468 purchased items at each round trip reduces the environmental impact of bottled water. On the other 469 hand, purchasing only one item at a round trip increases the GW impact with 1,418 % to 3,670 kg CO₂-470 eq.·m⁻³ and the resource footprint with 1,233 % to 64,554 MJ_{ex}·m⁻³. A second important parameter for the 471 environmental impact of bottled water was the environmental impact of the transport mode per km. If 472 the consumer would simply walk to the retail instead of using a car, the GW impact of the bottled water would equal 141 kg CO_2 -eq. m⁻³ water, which is a reduction of 45 % compared to the trip by car. In this 473 474 case, the resource footprint would be reduced by 39 % compared to the car trip (3,191 MJ_{ex}·m⁻³). Other 475 important parameters influencing the environmental impact of bottled water were the PET consumption 476 and the upstream fossil resource use for the PET production.

477 The environmental impact of the domestically harvested rainwater was highly influenced by the amount 478 of rainwater used per day and the pump electricity consumption. The electricity consumption used in this study was based on a median empirical value of 1.4 kWh·m⁻³, found by a review study of Vieira et al. 479 480 (2014). This value was considerably higher than the median theoretical value, being 0.2 kWh·m⁻³. If this 481 theoretical value would have been used in the current study, the GW impact and resource footprint of 482 domestically harvested rainwater would have been reduced with 51 and 58 %. Similar important 483 parameters were also identified for the domestically abstracted groundwater. If the median theoretical 484 pump energy consumption was used as well to calculate the energy consumption, the GW impact and 485 resource footprint would have been reduced with 62 and 76 %, respectively. Accordingly, an optimal 486 design of the pumping system and an optimal use of groundwater and rainwater in the household are 487 strategies to reduce the environmental impact of these two water supply sources.



488

Figure 6. Relative contribution of the critical parameters to the variance in (a) global warming and (b) resource footprint. Onlythe parameters that have an impact of more than 10 % on the variance of the indicators are provided.

491 **4**. Discussion

492 In the first analysis, a currently operational groundwater treatment facility was compared with a newly 493 built groundwater treatment facility with technological differences compared to the first. However, the 494 current facility only operated at 40 % of its design capacity, while the new groundwater treatment facility 495 will operate at 63 % of its design capacity. If both facilities would have been assumed to produce the same 496 amount of drinking water, i.e. 2.5 million m³, the new groundwater treatment facility would have had an 497 operational rate of 37 %. As a consequence of this lower operational rate, the impact of the infrastructure would have a higher share. In addition, the electricity consumption per liter produced water would be 9 498 499 % higher, as the electricity use does not always scale in a linear way when increasing the water production. 500 Under these assumptions, the GW impact and resource footprint of the new groundwater treatment 501 facility would have been 16 % smaller and 1.7 % larger, respectively, compared to the current groundwater treatment facility. The resource footprint of the infrastructure would have been 33 % higher in the new 502 503 groundwater treatment facility compared to the current groundwater treatment facility despite the same 504 drinking water production volume. This higher resource consumption of the infrastructure is due to the 505 more stringent building requirements of contemporary building codes. The increase in operating capacity

has a relatively large effect on the results. It is therefore important to consider the difference between
operating and design capacity in LCA studies of water treatment plants, which was also recommended in
the critical review on the application of LCA in wastewater treatment plants by Corominas et al. (2020).

509 In the second and third analysis, tap water was assumed to be fully based on groundwater. According to 510 the Flanders Environmental Agency, only 47.3 % of the tap water originates from groundwater, whereas 511 the other 52.7 % originates from surface water. As no infrastructure and distribution data were available 512 for surface water, surface water was not further included in the tap water supply. As the GW impact and 513 resource footprint of surface water was found to be higher compared to groundwater, the GW impact 514 and resource footprint of tap water as quantified in this study will be lower than the average tap water in 515 Flanders. According to the first analysis, the GW impact and resource footprint of the surface water 516 production without infrastructure and distribution were 7 and 5 times larger than the groundwater 517 production without infrastructure and distribution. If the infrastructure and distribution phase of the 518 surface water would be assumed to have the same GW impact and resource footprint as for the newly 519 built groundwater production facility, the GW impact and resource footprint of surface water would change to 0.4 kg CO_2 -eq.·m⁻³ water and 14.5 MJ_{ex}·m⁻³, respectively. 520

521 The calculated GW impact for tap water, produced by the newly built groundwater production facility, 522 equaled 0.17 kg CO₂-eq. per m³ in this study. Compared to the range of 0.2-2.2 kg CO₂-eq. per m³ tap 523 water, which was found in the review study of Fantin et al. (2014), the value in this study is relatively low. 524 This can be explained by the limited distance of the distribution network in Flanders and the lower GW 525 impact of the considered groundwater treatment compared to other more energy intensive processes, 526 such as reverse osmosis. A meta-analysis on LCA studies of tap water supply systems by Meron et al. 527 (2016) found a range in GW impact between 0.16-3.40 kg CO_2 -eq. per m³ tap water. The water production 528 stage was often identified as the most important. However, in regions where water is sourced from

529 groundwater or spring water, the distribution system had a high contribution to the environmental 530 impact, which was also affirmed in the current study (Amores et al., 2013; Barjoveanu et al., 2013).

531 For bottled water, the GW impact equaled 259 kg CO₂-eq. per m³ in this study. This value was in the range 532 of 71-318 kg CO₂-eq. per m³ bottled water, which was found in the review study of Fantin et al. (2014). In 533 the study of Horowitz et al. (2018), a GW impact of 673 kg CO_2 -eq. per m³ bottled water was found. This 534 higher value can be explained by the large total transportation distance (3292 km) and the assumption 535 that the PET bottle would be landfilled instead of recycled. Horowitz et al. (2018) also assessed the 536 environmental impact of bottled water with bottles made out of recycled PET, polylactic acid (PLA) and a 537 biodegradable plastic (ENSO), which led to a GW impact compared to the regular PET of 93, 92 and 166 538 %, respectively. In the study of Garfí et al. (2016), tap water and bottled water were compared in various 539 scenarios, leading to a GW impact of 0.5 kg CO₂-eq. per m³ tap water and 75.1 kg CO₂-eq. per m³ bottled 540 water. Transport and distribution were excluded from the system boundaries.

541 The GW impact for domestically harvested rainwater was 0.67 kg CO₂-eq.·m⁻³. In the study of Ghimire et 542 al. (2014), a GW impact of 0.41 kg CO₂-eq.·m⁻³ domestically harvested rainwater was found. This lower 543 value can be explained by the lower energy consumption of the pump (49 kWh year¹ compared to 59 kWh year⁻¹ in the current study). In the study by Angrill et al. (2011), a value of 3.21 kg CO_2 -eq. m⁻³ was 544 545 found. The concrete tank with steel reinforcements (in contrast to the high density polyethene tank in the 546 current study) had the largest contribution to the GW impact. According to Angrill et al. (2011), a rooftop tank had the lowest GW impact, being 0.64 kg CO₂-eq.·m⁻³. In the study of Godskesen et al. (2013), tap 547 water in the city of Copenhagen (Denmark) was compared with centralized harvested rainwater and 548 549 stormwater. Centralized harvested rainwater and stormwater were found to have a lower GW impact 550 than tap water.

For domestically abstracted groundwater, no studies were found for comparison. Although the environmental impact of well water was assessed in some studies (e.g. Ghimire et al. (2014)), these wells were never domestically owned. This had a large impact on the abstracted water per day, which was identified as the most important parameter influencing the environmental impact. Therefore, these well water estimates could not be used for comparison with the results from the current study.

556 The environmental impact of bottled water was very sensitive to the assumption made about the 557 consumer's transportation to the retail. In this study, the retail was assumed to be 8 km away from the 558 household and a passenger car was assumed for transportation. Of the environmental impact of this trip, 559 one thirtieth was allocated to the bottled water. This assumption was retrieved from a similar study for 560 Flanders which compared filtered water with bottled water (Vanderheyden and Aerts, 2014). In the study 561 of Horowitz et al. (2018), a distance of 27 km from retail to consumers was taken into account. Of the 562 environmental impact of this trip, 1 % was allocated to 0.479 liter bottled water and the other 99 % was 563 allocated to other purchases at the same trip. In the study of Nessi et al. (2012), a roundtrip distance of 564 10 km was assumed to purchase six 1.5 liter bottles of water. To this six-pack, one thirtieth of the overall 565 burden of the roundtrip was allocated. The importance of the amount of items bought per purchase was 566 stressed as they found an increase in impacts of 96 % when only the six-pack of water was purchased. In 567 the review of Fantin et al. (2014) lower values for GW of bottled water were reported, assuming mostly a 568 5 km distance to the retail. The use of 5 km distance in this study would reduce the GW impact by 17 % 569 (215 kg CO_2 -eq. m⁻³ water) and the resource footprint by 15 % (4,469 MJ_{ex}·m⁻³). The assumption on 570 transport distance and total amount of purchased goods had a large impact on the results, however, no 571 study was found that provided a transparent peer-reviewed value for these parameters. Therefore, more 572 research on the consumer trip to retail is required.

573 The production of the PET bottles had a large contribution to the environmental impact of bottled water 574 as well. However, a major environmental problem related to plastic bottles is the littering which causes harm to multiple ecosystems, for example the marine environment. This effect is currently not captured
by the environmental impact indicators, but progress to include this impact in the future has been made
(Woods et al., 2019).

The data used for the tap water production and supply originated from three water treatment facilities in Flanders. They do not represent a full overview of the water supply source in Flanders, but only a fraction based on specific cases. For the housing types and water consumption, average values were used. Consequently, the GW impact and resource footprint of households within the same housing type can also vary. In addition, temporal variation between water consumption exists as well. For example, the water use for gardening will be much larger for households with a large garden during a dry summer. Accordingly, this will also influence the GW impact and resource footprint.

585 The environmental impact of household's water use is dominated by bottled water. Although the water 586 supply of a household can consist of four sources, they are not all interchangeable. Tap water can be used 587 for all applications if the quality is sufficient. If someone, drinking 1 liter of bottled water per day, switches 588 to drinking groundwater-based tap water instead, then the GW impact of his or her total water use would 589 decrease 11 times, saving 0.26 kg CO₂-eq. day⁻¹. This saving in GW impact would equal 91 % of the original 590 daily GW impact of water use. An average inhabitant in Flanders consumes 0.4 liter bottled water per day. 591 Assuming all inhabitants in Flanders would consume groundwater-based tap water instead of bottled 592 water, the resulting GW impact of the total daily water use would be 20% of its current GW impact, saving 593 0.1 kg CO_2 -eq. person⁻¹ day⁻¹. This saving equals 246 kton CO_2 year⁻¹ for the whole of Flanders, taking into 594 account 6.5 million inhabitants.

595 Also domestically harvested rainwater and domestically abstracted groundwater have a lower GW impact 596 than bottled water, however, as their water quality is lower, they are not fitted without further treatment 597 to replace bottled water. Furthermore, their impact is strongly related to the amount used. This amount

used is restricted by external conditions, such as the amount of rainfall. Domestically abstracted groundwater could be of better quality, but for this case a deeper well would need to be excavated instead of the average well depth used in this study. Therefore, increasing the use of domestically harvested rainwater and domestically abstracted groundwater will not have a large impact on the environmental impact of household's water use, given the used assumptions in this study. Optimization strategies inside the groundwater or surface water treatment facilities only had a minor impact on the total environmental impact of household's water use due to the large difference with bottled water.

605 The resource footprint included the resource use of water resources. According to the results, tap water 606 had the lowest water resource use (1.2 MJ_{ex}·m⁻³), being 0.3, 25 and 15 % of the water resource use of 607 bottled water, domestically harvested rainwater and domestically abstracted groundwater, respectively. 608 However, an important impact that was not assessed is the impact of water abstraction on water scarcity. 609 For example, domestically harvested rainwater can increase the amount of available water, which can 610 lower the pressure on groundwater reserves. Domestically abstracted groundwater may have an opposite 611 effect as it can cause a relatively higher pressure on local groundwater reserves than tap water. Specific 612 methods, such as the Available Water Remaining (AWaRe) method, exist to assess the impact on water 613 scarcity (Boulay et al., 2017). However, no method was found which could differentiate between the 614 different water supply sources as assessed in this study.

The current study used specific data for the region of Flanders. To adapt the results to other regions, the treatment processes, travel distances and consumption patterns will vary and will influence the results accordingly. However, the general conclusions are expected to remain valid in a broader scope. The wastewater treatment in the end-of-life phase was excluded from the system boundaries as this was assumed to be similar for the different supply sources and consumption patterns.

In this study the environmental impact of a household's water use was assessed from a holistic perspective, including multiple consumption patterns and water supply sources. However, households are not the only actors in an economy using water. By adding industrial water use to this assessment, the results could be extended to a higher level and the environmental impact of water use by a city, a region or a country could be assessed.

Different strategies to reduce the environmental impact of household's water use have been discussed in this study. The impact of implementing these strategies does not only affect the foreground system, but can also influence background processes. To assess the consequences of the implementation of these strategies, a consequential LCA could be an interesting path for further research.

629 5. Conclusions

630 Although bottled water contributed only 0.4 % to the daily water use, bottled water was responsible for 631 80 and 66 % of the GW impact and resource footprint regarding the daily water use of an average person 632 in Flanders, respectively. The most promising strategy to reduce the environmental impact of household's 633 water use is therefore to shift away from bottled water consumption. Different consumption patterns due 634 to different household types, variations in the tap water supply, improvement in the tap water treatment 635 methods and the increase of domestic water supply through rainwater harvesting and domestic 636 groundwater abstraction only had a minor influence on the environmental impact. The main contributors 637 to the large environmental impact of bottled water were the distribution phase, including both the 638 distribution to the household and the distribution to retail, and the bottle production phase. The most 639 efficient strategy to reduce the environmental impact of bottled water itself, was changing the transport 640 mode of the buyer to the retail. In the region of Flanders, there seems to be no reason from an 641 environmental sustainability perspective to explain the relatively high bottled water consumption based 642 on the investigated impact indicators and the given assumptions. The findings of this study can play a role

- 643 in communicating the environmental benefits of a shift from bottled water consumption to tap water
- 644 consumption, which could lead to a five-fold reduction in the environmental impact of a household's
- 645 water use in Flanders in case of groundwater-based tap water.

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