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### Thermophilic N removal through ANAMMOX







Economic assessment

1	Adaptation and characterization of thermophilic anammox in bioreactors
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#### 15 Abstract

Anammox, the oxidation of ammonium with nitrite, is a key microbial process in the nitrogen 16 cycle. Under mesophilic conditions (below 40°C), it is widely implemented to remove 17 nitrogen from wastewaters lacking organic carbon. Despite evidence of the presence of 18 anammox bacteria in high-temperature environments, reports on the cultivation of 19 thermophilic anammox bacteria are limited to a short-term experiment of 2 weeks. This study 20 showcases the adaptation of a mesophilic inoculum to thermophilic conditions, and its 21 characterization. First, an attached growth technology was chosen to obtain the process. In an 22 anoxic fixed-bed biofilm bioreactor (FBBR), a slow linear temperature increase from 38 to 23 over 48°C (0.05-0.07°C d<sup>-1</sup>) was imposed to the community over 220 days, after which the 24 25 reactor was operated at 48°C for over 200 days. Maximum total nitrogen removal rates reached up to 0.62 g N  $L^{-1} d^{-1}$ . Given this promising performance, a suspended growth system 26 was tested. The obtained enrichment culture served as inoculum for membrane bioreactors 27 (MBR) operated at 50°C, reaching a maximum total nitrogen removal rate of 1.7 g N L<sup>-1</sup> d<sup>-1</sup> 28 after 35 days. The biomass in the MBR had a maximum specific anammox activity of  $1.1 \pm$ 29 0.1 g NH<sub>4</sub><sup>+</sup>-N g<sup>-1</sup> VSS d<sup>-1</sup>, and the growth rate was estimated at 0.075-0.19 d<sup>-1</sup>. The 30 thermophilic cultures displayed nitrogen stoichiometry ratios typical for mesophilic 31 anammox: 0.93-1.42 g N-NO<sub>2</sub> removed g<sup>-1</sup> N-NH<sub>4</sub><sup>+</sup> removed and 0.16-0.35 g N-NO<sub>3</sub> produced g<sup>-1</sup> N-32 NH4<sup>+</sup><sub>removed</sub>. Amplicon and Sanger sequencing of the 16S rRNA genes revealed a 33 disappearance of the original "Ca. Brocadia" and "Ca. Jettenia" taxa, yielding 34 Planctomycetes members with only 94-95% similarity to "Ca. Brocadia anammoxidans" and 35 "Ca. B. caroliniensis", accounting for 45% of the bacterial FBBR community. The long-term 36 operation of thermophilic anammox reactors and snapshot views on the nitrogen 37 stoichiometry, kinetics and microbial community open up the development path of 38 thermophilic partial nitritation/anammox. A first economic assessment highlighted that 39

- 40 treatment of sludge reject water from thermophilic anaerobic digestion of sewage sludge may
- 41 become attractive.

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Journal Prevention

#### 43 Keywords: AnAOB; biological nitrogen removal; nitrification; nutrient removal and

#### 44 recovery; sludge reject water; packed-bed biofilm reactor

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#### 46 **1. Introduction**

Anammox, the anoxic oxidation of ammonium with nitrite, is a microbial process 47 autotrophically producing nitrogen gas, catalyzed by members of the Planctomycetes phylum. 48 Interest in anammox has grown substantially over the past decades in both research and 49 application for wastewater treatment. From its first prediction based on thermodynamics 50 (Broda, 1977), two decades passed before the first enrichment culture was characterized 51 (Strous et al., 1999a) and anammox was proposed as a cost-efficient alternative to 52 denitrification for the treatment of wastewaters lacking organic carbon (Jetten et al., 1997). 53 By 2014, more than 100 full-scale installations had been built, treating high-strength 54 nitrogenous wastewater with ratios of biologically degradable chemical oxygen demand to 55 nitrogen (bCOD/N) <3, under mesophilic conditions (Lackner et al., 2014). Current advances 56 towards applying anammox to the treatment of cold wastewaters, i.e. below 15°C, could even 57 enable energy-autarkic treatment of municipal wastewater (Agrawal et al., 2018). 58

Thermophilic conditions have been widely explored for carbon removal wastewater treatment 59 processes, revealing advantages over mesophilic treatment such as lower sludge production, 60 higher conversion rates and a more effective inactivation of pathogens (Lapara and Alleman, 61 1999, Layden et al., 2007, van Lier, 1996)., e-Efforts to develop thermophilic technologies 62 for N removal, however, are scarce and recent. Thermophilic nitrogen removal could 63 nonetheless offer a viable alternative to current mesophilic practices in industries generating 64 warm nitrogenous wastewater, avoiding the need for cooling prior to mesophilic treatment. 65 The biotechnological possibility of thermophilic nitrification (nitritation and nitratation), and 66 denitrification as well as denitritation have been recently demonstrated at lab-scale, revealing 67

68 the benefit of lower heterotrophic sludge production (Courtens et al., 2016a, Courtens et al., 2016b, Courtens et al., 2014, Vandekerckhove et al., 2019a, Vandekerckhove et al., 2018, 69 Vandekerckhove et al., 2019b). For carbon-rich wastewater streams (bCOD/N>4), 70 71 thermophilic nitrification/denitrification would enable high-temperature treatment. Carbonlean streams such as thermophilic digestates, however, are suitable candidates for shortcut 72 nitrogen removal processes. Nitritation/denitritation is one possibility, but when bCOD/N 73 drops below 2-3, only partial nitritation/anammox (PN/A) would enable nitrogen removal 74 without exogenous carbon dosage (Vlaeminck et al., 2012). 75

The application of anammox bacteria to treat wastewater under thermophilic conditions has 76 hardly been explored. The maximum growth temperature seems to be dependent on the 77 species, i.e., 37°C for "Candidatus Kuenenia stuttgartiensis" (Egli et al., 2001), 42.5°C for 78 "Candidatus Jettenia caeni" (Ali et al., 2015), 43°C for "Candidatus Brocadia 79 anammoxidans" (Strous et al., 1999b) and 45°C for "Candidatus Brocadia sinica" (Oshiki et 80 al., 2011). Nevertheless, the evidence of the presence of anammox bacteria in high-81 temperature environments suggests that some uncultured strains may have higher temperature 82 growth limits. Byrne et al. (2009) found molecular evidence of the presence of anammox 83 84 bacteria in hydrothermal vents in the mid-Atlantic Ocean. The anammox activity was confirmed in incubations with samples from chimneys, performed at 60°C and 85°C. 85 Jaeschke et al. (2009) detected traces of ladderane lipids (a biomarker for anammox bacteria) 86 and found 16S rRNA genes closely related to "Candidatus Kuenenia stuttgartiensis" in 87 88 sediment and mat samples from a Californian hot spring at 52°C. Additionally, molecular evidence of anammox bacteria has been found in a geothermal spring in Japan (50-62°C) 89 90 (Hirayama et al., 2005) and in oil reservoirs in China (55-75°C) (Li et al., 2010). Recently, anammox activity at 50°C was reported for 2 weeks in an upflow anaerobic sludge-blanket 91 (UASB) reactor, with a total nitrogen removal rate of 0.53  $\pm$  0.23 g N L<sup>-1</sup> d<sup>-1</sup>. This was 92

achieved after implementing a temperature increase of 2.5°C every two weeks (corresponding
to 0.18°C d<sup>-1</sup>) (Zhang et al., 2018).

Although anammox activity has been shown at 50°C, long-term cultivation and 95 96 characterization of the bacterial stoichiometry, kinetics and community remain absent. This study reports on the first long-term operation (>200 days) of a thermophilic anammox 97 bioreactor (48°C), obtained by imposing a linear temperature increase (with  $0.05 \pm 0.01^{\circ}$ C d<sup>-</sup> 98 <sup>1</sup>) to a mesophilic anammox inoculum. A first reactor type was biofilm based to achieve a 99 sufficiently high biomass retention, implemented as a fixed-bed biofilm reactor (FBBR). In 100 this bioreactor we evaluated the changes in microbial community and stoichiometry. A 101 second reactor type was based on suspended sludge, a membrane bioreactor (MBR), using 102 microfiltration to retain the biomass. With the FBBR enrichment as inoculum, the MBR were 103 operated at 50°C, and the specific anammox activity and the first thermophilic anammox 104 growth rate were determined. Finally, an economic assessment was performed of the 105 treatment of sludge reject water from thermophilic anaerobic digestion of sewage sludge. 106

#### 107 2. Materials and methods

#### 108 2.1. Adaptation and characterization in a fixed-bed biofilm reactor (FBBR) at 48°C

An anoxic upflow bioreactor (3L) was used in this experiment. The reactor was composed of 109 a cylindrical section of 5.5 cm diameter and 60 cm height, and a spherical settling section at 110 the top of the column, with a diameter of 15 cm. The reactor was fed from the bottom, and 111 the effluent discharge occurred through an overflow at the top of the reactor. The column was 112 packed with carrier material (Kaldness K1 and ceramic rings), was inoculated with granules 113 from a mesophilic (±37°C) full-scale bioreactor treating anaerobically digested potato 114 wastewater and sludge reject water through PN/A (Olburgen, The Netherlands), provided by 115 Paques BV (The Netherlands). The column reactor was placed in a temperature controlled 116 room (34°C) to prevent temperature fluctuation in the environment and was heated >40°C by 117 a hose coiled around the reactor connected to water circulating thermostatic bath (Julabo 118 MA-4). The temperature of the thermostatic bath (with a sensitivity of 0.01°C) was raised 119 with  $0.05 \pm 0.01$  °C d<sup>-1</sup>, starting from 37.5 °C until over 48 °C (measured daily inside the 120 reactor with a sensitivity of 0.1°C). The temperature was measured at the top of the column 121 reactor. The reactor was continuously fed with a synthetic, autotrophic medium that 122 consisted of NH<sub>4</sub>HCO<sub>3</sub> and NaNO<sub>2</sub>, CaCl<sub>2</sub> (0.1 g L<sup>-1</sup>), MgSO<sub>4</sub>.7H<sub>2</sub>O (0.2 g L<sup>-1</sup>), NaH<sub>2</sub>PO<sub>4</sub> 123 (0.015 g P  $L^{-1}$ ), yeast extract (4.5 mg  $L^{-1}$ ) and 1 mL  $L^{-1}$  medium of trace element solution A 124 (9.15 g L<sup>-1</sup> FeSO<sub>4</sub>.7H<sub>2</sub>O and 9.62 g L<sup>-1</sup> Na<sub>2</sub>EDTA.2H<sub>2</sub>O) and trace element solution B (Third 125 et al., 2001). The medium was not flushed with N<sub>2</sub> gas and had the temperature of the climate 126 room (34°C). Ammonium and nitrite were dosed at a nitrite-limiting ratio of 0.8-0.9g  $NO_2^{-}N$ 127 g<sup>-1</sup> NH<sub>4</sub><sup>+</sup>-N, avoiding the accumulation of nitrite. Water samples were collected regularly, 128 filtered over 0.2 µm pore-size syringe filters and stored at 4°C prior to analysis of NH<sub>4</sub><sup>+</sup>, NO<sub>2</sub><sup>-</sup> 129 and NO<sub>3</sub><sup>-</sup>. The pH was controlled at 7.6 via the addition of 0.2 M HCl. 130

131 *In-situ* maximum anammox activity (VRR<sub>Ntot,max</sub>) tests were performed regularly. The 132 VRR<sub>Ntot,max</sub> was calculated as the volumetric rate of total nitrogen removal over the test 133 period (mg NH<sub>4</sub><sup>+</sup>-N and NO<sub>2</sub><sup>-</sup>-N L<sup>-1</sup> d<sup>-1</sup>). During these tests, the continuous feeding was 134 interrupted and substrates NaNO<sub>2</sub> and NH<sub>4</sub>HCO<sub>3</sub> were spiked at 33 ± 15 mg NO<sub>2</sub><sup>-</sup>- N L<sup>-1</sup> and 135 a NO<sub>2</sub><sup>-</sup>-N/NH<sub>4</sub><sup>+</sup>-N ratio of 1. Liquid samples were taken regularly during 1-8 hours, 136 depending on the N consumption rate, and stored at 4°C prior to analysis of NH<sub>4</sub><sup>+</sup>, NO<sub>2</sub><sup>-</sup> and 137 NO<sub>3</sub><sup>-</sup>.

#### 138 2.2. Cultivation and characterization in membrane bioreactors (MBR) at 50°C

Two membrane bioreactors (MBR, 1L each reactor) were started up on days on days 354 and 139 430. The bioreactors were inoculated with biomass from the FBBR. The reactors were fitted 140 with a hollow fibre microfiltration membrane, with a pore size of 100 nm, that allowed for 141 142 effluent discharge with complete biomass retention in the bioreactors. The fibers originated from a full-scale PALL Microza installation (Asahi Kasei Chemicals Corporation, Japan). 143 The reactor vessel was jacketed and the temperature was controlled at 50°C by use of a 144 circulating thermostatic water bath (Julabo MA-4). In both MBR, mixing was provided by a 145 magnetic stirrer and the pH was controlled at 7.6. In MBR<sub>1</sub> the pH was controlled by dosing 146 0.2 M HCl. In MBR<sub>2</sub> the pH was not controlled. Instead the medium was amended with 2 g 147 NaHCO<sub>3</sub>  $L^{-1}$  and the reactor was continuously flushed with N<sub>2</sub>/CO<sub>2</sub> (90/10, v/v) at a flowrate 148 of ca. 100 ml min<sup>-1</sup> providing a constant pH of 7.6. A water-lock in the exhaust gas line 149 150 provided enough overpressure to prevent air intrusion in the bioreactor. This was found to be more reliable than dosing HCl and prevents acid overdose in case of failure of the pH 151 controller. The reactors were not run in parallel. 152

The synthetic medium for the MBR was the same as the FBBR's feed and was continuously fed to the systems. As for the FBBR, nitrite was the limiting nitrogen substrate. Ammonium and nitrite **were** supplemented to the medium at ratios between 0.8 and 1.1 g  $NO_2^{-}$ -N g<sup>-1</sup> 156  $NH_4^+$ -N. Liquid samples handling, and i*n-situ* activity measurements in MBR<sub>2</sub> were 157 performed as previously described for the FBBR. A total of three activity tests was performed 158 on operation day 100.

#### 159 **2.3.** Physical/chemical analyses of water and sludge

Ammonium (Nessler method), total suspended solids (TSS) and volatile suspended solids (VSS) were measured according to standard methods (APHA, 1992). Nitrite and nitrate were determined on a 761 Compact Ion Chromatograph (Metrohm, Switzerland) as explained in the supplementary material. The temperature inside the reactor was regularly measured with a digital thermometer. pH inside the reactor was regularly checked with a digital pH probe (Orbisint CPS11D).

#### 166 2.4. Molecular analyses of the microbial communities

Samples were collected from the inoculum and from the FBBR biomass at 43 and 48°C (operation days 120 and 390) for analysis of the microbial community by amplicon sequencing. On the sample from the FBBR at 48°C, Sanger sequencing was performed as well. The samples were stored at -20°C prior to DNA extraction. DNA extraction was performed as explained in the supplementary material.

172 2.4.1. Amplicon sequencing and data processing

Illumina 16S rRNA gene amplicon libraries were generated and sequenced by BaseClear BV
(Leiden, the Netherlands). The DNA extracts were sent to BaseClear B.V. (The Netherlands)
for 16S rRNA gene amplicon sequencing on the Miseq platform for bacteria as explained in
the supplementary material.

177 2.4.2. Sanger sequencing

178 Primers targeting the Planctomycetes community were used, namely Pla40f179 (CGGCRTGGATTAGGCATG), Pla46f (GGATTAGGCATGCAAGTC), 1378r

180 (CGGTGTGTACAAGGCCCGGGAACG) and 1492r (TACGGYTACCTTGTTACGACTT).

181 The amplification products were purified as indicated in Supplementary Material and were

sent to LGC Genomics (Germany) for Sanger Sequencing.

#### 183 2.5. The economic prospect of thermophilic PN/A

Even though only snapshot views on the kinetics and stoichiometry of thermophilic nitritation 184 and anammox are available, a first cost assessment was performed to evaluate which factors 185 could render thermophilic PN/A economically interesting. The chosen source of wastewater 186 was high-temperature ( $\pm$  50°C) sludge reject water, originating from thermophilic anaerobic 187 digestion of primary and secondary sewage sludge. Capital and operational expenditure 188 (capex and opex) were compared for its mesophilic (30°C) and thermophilic (50°C) PN/A 189 treatment. Typical influent and effluent characteristics from full-scale mesophilic treatment 190 of sludge digestion reject water were assumed for both (Table S.1, Lackner et al. (2014)). 191 192 The treatment plant consisted of a continuously fed single-sludge reactor tank, at a biomass concentration of 4 kg VSS m<sup>-3</sup>. A lamella separator was installed for sludge retention, with a 193 mixed liquor recycle stream back to the reactor tank whereas the produced biomass was 194 195 wasted via a waste flow to a centrifuge. Even though in practice, sludge wasting from a sidestream PN/A occurs only on limited occasions and is usually sent back to the digester and 196 mainstream treatment unit, this economic assessment incorporated the cost for wasting the 197 produced sludge to see what the difference would be between mesophilic and thermophilic 198 PN/A. In the mesophilic PN/A scenario, a cooling installation was added to the design to 199 lower the temperature of the thermophilic sludge reject water. Applied kinetics are 200 summarized in Supplementary material, Table S.2. Capex involved cooling installations (only 201 for the mesophilic scenario), civil works, equipment, mechanical and electrical works, piping, 202 working hours and profit/risk. Opex comprised cooling, sludge thickening (electricity 203 consumption centrifuge), chemicals, aeration, pumping, mixing, sludge disposal, personnel, 204

analyses and maintenance. All details on data and assumptions linked to influent
characteristics, kinetics, process design and operation and depreciation can be found in
Supplementary material, section S.3. Process diagrams of the mesophilic and thermophilic
scenario, along with several process parameters can also be found in Supplementary material,
section S.3.3.(Figure S.4 and S.5).

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#### 211 **3. Results & discussion**

#### 212 3.1. Adaptation and characterization in a fixed-bed biofilm reactor (FBBR) at 48°C

In a first phase, a biofilm-based reactor was chosen to achieve a sufficiently high biomass 213 retention, implemented as a fixed-bed biofilm reactor (FBBR). The FBBR, inoculated with 214 mesophilic PN/A granules, was subjected to a loading rate of 276  $\pm$  18 mg N<sub>tot</sub> L<sup>-1</sup> d<sup>-1</sup> at a 215 temperature of 37.5°C. After 3 days of temperature increase to 38.1°C, low concentrations of 216 nitrite accumulated (1.5  $\pm$  0.6 mg N L<sup>-1</sup>) (Figure S.1), after which the temperature increase 217 was stopped and the loading rate was lowered to 200 mg N<sub>tot</sub> L<sup>-1</sup> d<sup>-1</sup> in order to prevent 218 substrate accumulation. The *in-situ* batch activity measurements showed a decreasing 219 maximum total nitrogen removal rate (VRR<sub>Ntot.max</sub>) for the first 26 days (Figure 1). On day 220 39, VRR<sub>Ntot.max</sub> did not decrease relative to the previous VRR<sub>Ntot.max</sub> determination, after 221 which the daily temperature increase of  $0.05 \pm 0.01^{\circ}$ C d<sup>-1</sup> was resumed. 222

The ratios NO<sub>2</sub> removed/NH<sub>4</sub><sup>+</sup> removed and NO<sub>3</sub> produced/NH<sub>4</sub><sup>+</sup> removed are common indicators of the anammox nitrogen stoichiometry, with reported values of 1.15-1.32 and 0.16-0.26 g N g<sup>-1</sup> N respectively (Lotti et al., 2014c, Strous et al., 1999b). The NO<sub>2</sub> removed/NH<sub>4</sub><sup>+</sup> removed ratio in the FBR remained at 1.16  $\pm$  0.09 g N g<sup>-1</sup> N as long as the temperature was below 43°C. Additionally, the nitrate production was lower than expected from anammox stoichiometry. During the first 40 days, the NO<sub>3</sub> produced/NH<sub>4</sub><sup>+</sup> removed ratio was 0.02  $\pm$  0.02 g N g<sup>-1</sup> N at a

temperature of 38.1°C. This points towards endogenous denitrification, i.e. decay products in the reactor acting as electron donors for nitrate reduction, as some members of the inoculum microbial community depending on oxygen and/or organics likely could not survive under the newly imposed anoxic autotrophic conditions (Wang et al., 2015).

After this start-up phase, the performance of the FBBR was stable at temperatures up to 233 43°C, with limited nitrite accumulation and a VRR<sub>Ntot.max</sub> of 703  $\pm$  212 mg N L<sup>-1</sup> d<sup>-1</sup> (Figure 1 234 and Figure S.1). From day 40 onwards, the NO<sub>3 produced</sub>/NH<sub>4</sub><sup>+</sup> removed ratio was higher at 0.12  $\pm$ 235  $0.02 \text{ g N g}^{-1}$  N, but still below the typically reported range for anammox. From  $43^{\circ}$ C 236 onwards, total nitrogen removal rate in the reactor (VRR<sub>Ntot</sub>) (45  $\pm$  13 mg N L<sup>-1</sup> d<sup>-1</sup>) and 237 relative nitrate production (0.14  $\pm$  0.06 g N g<sup>-1</sup> N) remained low, with a NO<sub>2</sub><sup>-1</sup> 238  $_{removed}/NH_{4}^{+}_{removed}$  ratio of 1.17  $\pm$  0.30 g N g<sup>-1</sup> N. The linear temperature increase was 239 maintained until 48°C, after which the activity increased again, with a VRR<sub>Ntot max</sub> of 529  $\pm$ 240 103 mg N L<sup>-1</sup> d<sup>-1</sup>. The increase in anammox activity was accompanied by an increase in 241 nitrate production to 0.20  $\pm$  0.03 g N g<sup>-1</sup> N, which is within the typically reported range, 242 possibly suggesting a lower contribution of denitrification. The period of low activity could be 243 the consequence of low initial numbers of the thermophilic anammox species, that took over 100 days 244 to provide a measurable activity from the beginning of the linear T increase. The NO<sub>2</sub> 245 removed/NH<sub>4</sub><sup>+</sup> removed ratio remained stable at  $1.03 \pm 0.11$  g N g<sup>-1</sup> N at thermophilic temperatures, 246 slightly below the literature values. Overall, stable operation for over 200 days was achieved 247 at 48°C. 248

Key to the successful selection for thermophilic anammox bacteria, or adaptation of mesophilic anammox bacteria to thermophilic conditions, was possibly the slow temperature increase allowing the microorganisms to adapt to changing conditions. Previous studies investigated temperature shocks and found that, for example, overheating from 35 to 48°C for one hour resulted in anammox bacteria damage and death in an irreversible process, with

254 recovery requiring two weeks of operation back at 35°C (Liu et al., 2015). Another study examined the effect of a stepwise change of temperature between 35 and 46°C on an 255 anammox sequencing batch reactor and found that it caused lysis of anammox cells after 256 which almost no activity was found back. The activity recovered over a period of about 20 257 days and subsequently increased again after restoring the initial temperature of 35°C (Isanta 258 et al., 2015). It was also found that thermophilic anammox bacteria could not be selected at 259 55°C from industrial coke-oven wastewater sludges (Toh et al., 2002). As opposed to the 260 temperature shocks in previous studies, this study imposed a slow temperature increase 261 lasting over 200 days, which enabled the development of a thermophilic anammox 262 community with sustained activity up to 48°C. 263

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Figure 1: Reactor performance of the thermophilic anammox FBBR throughout the temperature increase and subsequent operation at constant high temperature of  $48^{\circ}$ C, together with the maximum *in-situ* total nitrogen removal (VRR<sub>Ntot.max</sub>).

#### 270 **3.2.** Stoichiometry and kinetics in membrane bioreactors (MBR) at 50°C

After obtaining anammox activity at 48°C in the FBBR, part of the culture was used to 271 inoculate two membrane bioreactors operated at 50°C (MBR<sub>1</sub> and MBR<sub>2</sub>). Cultivating 272 anammox bacteria in these MBR enabled homogeneous sampling for the determination of 273 biomass concentration, which was not feasible in the FBBR. This enabled the determination 274 of several kinetic parameters, being the maximum biomass-specific anammox activity and the 275 net growth rate ( $\mu_{net}$ ). Within 35 days, a high total nitrogen removal rate of 1.8 g N L<sup>-1</sup> d<sup>-1</sup> 276 was achieved in MBR<sub>1</sub>, with NO<sub>2</sub> removed/NH<sub>4</sub> removed and NO<sub>3</sub> produced/NH<sub>4</sub> removed of 1.14  $\pm$ 277 0.16 and 0.22  $\pm$  0.05 g N g<sup>-1</sup> N respectively, consistent with known mesophilic anammox 278 stoichiometry (Figure 2, A). The obtained volumetric rates were about a factor 3 higher than 279 a previous study achieving anammox activity at 50°C in a bioreactor using salt amendment 280 for 2 weeks  $(0.53 \pm 0.23 \text{ g N L}^{-1} \text{ d}^{-1})$  (Zhang et al., 2018). 281

The increasing anammox activity during the first 35 days of MBR<sub>1</sub> operation was used to estimate the net growth rate ( $\mu_{net}$ ), the result of the actual growth rate and the decay rate. Over the activity increase, substrate levels were 28.7 ± 15.5 mg NH<sub>4</sub><sup>+</sup>-N L<sup>-1</sup> and 12.3 ± 17.9 mg NO<sub>2</sub><sup>-</sup>-N L<sup>-1</sup>. However, the affinity indices of this culture were not known, so it is not sure that the anammox bacteria were growing at their maximum rate ( $\mu_{max}$ ). Nonetheless,  $\mu_{net}$  is a valuable parameter, providing insight into the achievable thermophilic anammox growth rate.

Three different approaches were used for the estimation of  $\mu_{net}$  at 50°C. First, an exponential model was fitted to the experimental data using the least squares method (**Figure 2, B**), yielding a  $\mu_{net}$  of 0.075 d<sup>-1</sup> (R<sup>2</sup>=94%). Secondly, the total nitrogen removal rate was linearized by log-transformation and fitted by a linear equation using the least squares method (**Figure 2, C**) (van der Star et al., 2007), resulting in a  $\mu_{net}$  of 0.12 ± 0.01 d<sup>-1</sup> (R<sup>2</sup>=92%). Thirdly,  $\mu_{net}$ was calculated at every time interval (1) (Laureni et al., 2015), rendering an average value of 0.19 ± 0.18 d<sup>-1</sup> (**Figure S.2**).

295 
$$\mu_{\text{net}} = \frac{\ln\left(\frac{R_{N_{tot,t_{n+1}}}}{R_{N_{tot,t_n}}}\right)}{(t_{n+1}-t_n)}$$
 (1)

Each method yielded a different  $\mu_{net}$ , so caution should be used when using the estimated values. Nonetheless, the obtained  $\mu_{net}$  range of 0.075-0.19 d<sup>-1</sup> is after rescaling to 20°C (Arrhenius function with theta 1.1 (Seuntjens et al., 2018)) comparable to growth rates of anammox bacteria measured under mesophilic conditions (Table 1). When comparing reactors with high sludge retention time (SRT), the obtained  $\mu_{net}$  in this study is relatively high compared to growth rates for mesophilic anammox bacteria. The high growth rates observed by Lotti et al. (2015) were obtained by imposing a low SRT to the bioreactor.

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**Figure 2:** (A) Reactor performance of MBR<sub>1</sub>, with the imposed total nitrogen loading rate (VLR<sub>V,Ntot</sub>) and the total nitrogen removal rate (VRR<sub>V,Ntot</sub>). The increasing anammox activity was used to estimate the net anammox growth rate ( $\mu_{net}$ ) in MBR<sub>1</sub> based on (B) an exponential fit to the experimentally determined VRR<sub>Ntot</sub> and (C) a linear fit to the natural logarithm of the experimentally determined VRR<sub>Ntot</sub>, both using the least squares method.

Temperature (°C)	SRT (d)	$\mu_{max}$ (d <sup>-1</sup> )	$ \begin{array}{c} \mu_{max,20^{\circ}C} \\ (d^{-1}) \end{array} $	q <sub>max</sub> (g NH <sub>4</sub> <sup>+</sup> -N g <sup>-1</sup> VSS d <sup>-1</sup> )	AnAOB abundance (%)	q <sub>max</sub> (g NH <sub>4</sub> <sup>+</sup> -N g <sup>-1</sup> AnAOB-VSS d <sup>-1</sup> )	q <sub>max,20°C</sub> <sup>f</sup> (g NH <sub>4</sub> <sup>+</sup> -N g <sup>-1</sup> AnAOB-VSS d <sup>-1</sup> )	Doubling time (d)	Reference
10	60- 140	0.005 <sup>a</sup>	0.013	0.03	80	0.04	0.10	138.6	(Lotti et al., 2014b) <sup>1</sup>
12.5	>60	0.009 <sup>a</sup>	0.018					77.0	(Laureni et al., $2015$ ) <sup>1</sup>
15	60- 140	0.009 <sup>a</sup>	0.014	0.10				77.0	(Lotti et al., $2014b)^{1}$
15	150	0.017 <sup>b</sup>	0.027					40.8	(Lotti et al., 2014a) <sup>2</sup>
20	60- 140	0.02 <sup> a</sup>	0.020	0.13	40	0.33	0.33	34.7	(Lotti et al., $2014b)^{1}$
29	>60	0.03 <sup>a</sup>	0.013					23.9	(Laureni et al., $2015$ ) <sup>1</sup>
30	3.0- 4.1	0.24- 0.33 <sup>c</sup>	0.110	1.1-3.4	97	1.1-3.5	0.42-1.35	2.1-2.9	(Lotti et al., $2015)^2$
30	12	0.083 <sup>c</sup>	0.032	2.01	98	2.05	0.78	8.4	(Lotti et al., 2014c)
32-33	N/A	0.06 <sup>d</sup>	0.019	0.66 <sup>e</sup>	74	0.89	0.28	10.7	$($ Strous et al., 1998 $)^2$
30-40	45- 160	0.04- 0.35 <sup>c</sup>	0.047	0.25	55	0.45	0.11	2-18	(van der Star et al., 2007) <sup><math>3</math></sup>
35-40	N/A	0.098 <sup>d</sup>	0.018					7.0	(Oshiki et al., 2011) <sup>2</sup>
38	12- 16	0.062- 0.084 <sup>b</sup>	0.013					8.3-11.1	$(van der Star et al., 2008)^2$
50	N/A	0.075- 0.19 <sup>a,b,g</sup>	0.004- 0.011	1.1	45 <sup>e</sup>	2.4	0.14	3.6-9.2	This study <sup>2</sup>

**Table 1:** Overview of the anammox  $\mu_{max}$  and doubling time at different temperatures and conditions, with their respective reactor SRT and wastewater type. N/A: not determined. AnAOB: anammox bacteria (anaerobic ammonia oxidizing bacteria.

- <sup>a</sup>: Calculated from the change in anammox activity over time 312
- <sup>b</sup>: Based on a linear fit of the natural logarithm of increasing anammox rate 313
- 314 <sup>c</sup>: Calculated as 1/SRT
- <sup>d</sup>: Based on maximum anammox activity  $(q_{max})$  and biomass yield (Y)315
- <sup>e</sup>: Calculated from the maximum conversion capacity compared to steady state reactor operation 316
- <sup>f</sup>: Normalized  $\mu_{max}$  at 20°C using the Arrhenius equation with  $\theta = 1.1$  (Seuntjens et al., 2018) 317
- <sup>g</sup>: Not necessarily  $\mu_{max}$  that was determined here (see section 3.2) 318
- Journal Pre-proof e: The AnAOB abundance of the FBBR was assumed in this calculation 319
- <sup>1</sup>: Pretreated municipal wastewater 320
- <sup>2</sup>: Synthetic medium 321
- <sup>3</sup>: Centrifuged digestate 322
- 323

In MBR<sub>2</sub>, operated for >100 days, the biomass was kept in suspension and the biomass-specific 324 anammox activity could be determined. Anammox stoichiometry was observed in MBR<sub>2</sub>, with 325  $NO_{2}^{-}$  removed/ $NH_{4}^{+}$  removed and  $NO_{3}^{-}$  produced/ $NH_{4}^{+}$  removed ratios of 1.10 ± 0.13 and 0.19 ± 0.03 g N g<sup>-1</sup> 326 N, respectively. The actual biomass-specific total nitrogen removal rates  $(R_{X,Ntot})$  in the reactor 327  $0.52 \pm 0.26$  g N g<sup>-1</sup> VSS d<sup>-1</sup> (Figure S.3, B). A maximum biomass-specific anammox activity of 328  $1.1 \pm 0.1$  g NH<sub>4</sub><sup>+</sup>-N g<sup>-1</sup> VSS d<sup>-1</sup> (1.8 ± 0.2 g N<sub>rem</sub> g<sup>-1</sup> VSS d<sup>-1</sup>) was obtained from an *in-situ* 329 activity measurement. These rates are higher than previously reported from reactors operated at 330 SRT >45d under mesophilic conditions and are comparable to those obtained by Lotti et al. 331 (2015) in a reactor operated at very short SRT (<3 d) (Table 1). However, when considering the 332 anammox bacteria abundance and after rescaling to 20°C (Arrhenius function with theta 1.1 333 (Seuntjens et al., 2018)), this rate is in the lower range of reported values (Table 1). The biomass 334 yield can be considered as the ratio of growth rate  $(0.075-0.19 \text{ d}^{-1})$  and the biomass specific 335 anammox activity (1.1 g NH<sub>4</sub><sup>+</sup>-N g<sup>-1</sup> VSS d<sup>-1</sup>). This results in an estimated biomass yield of 0.07 336 and 0.17 g VSS g<sup>-1</sup> NH<sub>4</sub><sup>+</sup>-N, which is comparable to the reported 0.12 g VSS g<sup>-1</sup> NH<sub>4</sub><sup>+</sup>-N (Strous 337 et al., 1998). In this study, biomass was only extracted for occasional sampling, rendering an 338 estimated SRT of  $\pm$  300 days. It remains to be investigated whether a shorter SRT control would 339 render higher thermophilic activities as well. 340

#### 341 **3.3.** A potentially new thermophilic anammox taxon

16S rRNA gene amplicon sequencing was used to characterize the bacterial community in the FBBR inoculum and in the reactor at 43 and 48°C (operation days 120 and 390) (Figure 3, B and C). The anammox bacteria in the inoculum were classified as "*Candidatus* Brocadia" and "*Candidatus* Jettenia" and accounted only for 1.5 and 1.3% of the microbial community, respectively. At 43°C, no "*Ca.* Jettenia" was detected, whereas "*Ca.* Brocadia" was present at a

relative bacterial abundance of 2.1% and was the most abundant anammox species. The loss of 347 "Ca. Jettenia" could be attributed to its reported temperature range of activity, being slightly 348 lower than reactor conditions (20-42.5°C) (Ali et al., 2015). The activity of "Ca. Brocadia", on 349 the other hand, has been confirmed at a wider range of temperatures (25-45°C) (Oshiki et al., 350 2011). Thermophilic conditions (48°C) resulted in a bacterial community highly enriched in a 351 "Ca. Brocadia"-related anammox species (46.4% of the total bacterial community). The reactor 352 353 conditions (anoxic conditions and autotrophic medium) and the increasing temperature likely resulted in the selection and high abundance of this putative thermophilic anammox species. 354 Previous research has also shown that a temperature shock on an anammox reactor resulted in an 355 anammox enriched community after a recovery process, as opposed to a very diverse microbial 356 community before the temperature shock (Isanta et al., 2015). 357

Parallel to 16S rRNA gene amplicon sequencing of the thermophilic community, Sanger 358 sequencing was performed on the DNA sample of the FBBR at 48°C, using primers targeting the 359 Planctomycetes community. Three out of four sequence pairs could be merged into contigs, all 360 yielding a 96-97% similarity to an uncultured anammox bacterium from a geothermal spring in 361 Japan (Hirayama et al., 2005). Two of the Sanger sequences (pla46f 1492r and pla40f 1492r) 362 were used to construct a phylogenetic tree comparing the obtained Sanger sequences to all 363 anammox bacteria reference sequences. The closest cultured relatives were "Ca. Brocadia 364 caroliniensis" (94-95% similarity) and "Ca. Brocadia anamnoxidans" (94-95% similarity) 365 (Figure 3A). Considering the currently applied sequence similarity thresholds of 95% (for 366 genus) and 98.7% (for species) (Rossi-Tamisier et al., 2015), we hypothesize that the community 367 harboured a new anammox species. However, further research is necessary to establish its 368

phylogenetic novelty and to attribute the necessary (functional) genes to this *Planctomycete* to
validate its association with the observed ammonium oxidation.

Both *Rhodocyclaceae* and RBG1 become abundant at 43°C, at the same time that the anammox 371 activity, as observed through in-situ tests, collapses. The switch from a mesophilic temperature 372 region to moderately thermophilic conditions caused a change in the whole microbial community 373 in which mesophiles die or are washed out, while microorganisms that tolerate higher 374 375 temperatures take over. The Rhodocyclaecae that became enriched at 43°C are affiliated to the genus Denitratisoma, that seem to have thrived by performing denitrification on the decay 376 products of collapsing mesophiles. The RBG-1 are affiliated to the genus of Zixibacteria 377 (Castelle et al., 2013). It has been found in anoxic sections in anoxic sediments, in the sulfate-378 methane transition zone (Baker et al., 2015), and has been suggested to scavenge reduced carbon 379 products. It is capable of nitrate and nitric oxide reduction as well as of sulfate reduction 380 381 (Momper et al., 2017). It seems plausible that it contributed to the denitrification of biomass decay products during this T transition period, just like Rhodocyclaceae. 382

383





Figure 3: A: Phylogenetic tree displaying the evolutionary distance between the Sanger 386 sequence of the 2 PCR products from the thermophilic FBBR (almost full 16S rRNA gene) and 387 anammox bacteria reference sequences. The tree was built in MEGA7 using the maximum 388 likelihood method with 500 bootstrap replications. The numbers at the nodes are the bootstrap 389 values. B: Evolution of the relative abundance of anammox species in the FBBR during the 390 transition from mesophilic to thermophilic temperatures. C: Shift in composition of the microbial 391 community during the transition from mesophilic to thermophilic temperatures. In the inoculum, 392 393 OTU38 and OTU65 were the two most abundant anammox species, classified as "Candidatus Brocadia" and "Candidatus Jettenia" respectively. At 43°C, OTU38 ("Candidatus Brocadia") 394 was the most abundant anammox species and OTU65 ("Candidatus Jettenia") disappeared. At 395 thermophilic conditions, a new anammox species replaced OTU38 and was classified as 396 "Candidatus Brocadia". 397

398

#### **399 3.4. Practical outlook**

The presented proof of principle of thermophilic anammox biotechnology opens up a new route for thermophilic biological nitrogen removal, namely through PN/A. Thermophilic nitrification has been obtained in lab-scale bioreactors and its kinetics have been determined elaborately (Vandekerckhove et al., 2019a, Vandekerckhove et al., 2019b), setting the foundation for research on suppressing nitrite oxidation to obtain partial nitritation and integrating with thermophilic anammox in a single-sludge bioreactor. Thermophilic ammonia oxidation is

406 dominated by ammonia oxidizing archaea (AOA) (Vandekerckhove et al., 2019b). Only two heterotrophic and one autotrophic thermophilic AOB has been isolated so far (Itoh et al., 2013, 407 Mevel and Prieur, 2000, Shimaya and Hashimoto, 2011). Kinetic comparison between 408 thermophilic AOA and mesophilic AOB revealed that thermophilic AOA had a higher biomass 409 yield, lower biomass-specific ammonia oxidation rate, lower growth rate and higher substrate 410 affinity (Vandekerckhove et al., 2019a, Vandekerckhove et al., 2019b). This first demonstration 411 412 of long-term cultivation of anammox bacteria under thermophilic conditions, with volumetric activities and observed growth rates which are comparable to those reported under mesophilic 413 conditions (Table 1), suggests the feasibility of the application of anammox to warm 414 415 temperature.

The obtained maximum biomass-specific anammox activity in this study indicates that similar 416 rates might be possible in thermophilic compared to mesophilic sidestream anammox treatment 417 418 of, for example, reject water from thermophilic sludge digestion (De Vrieze et al., 2016). However, more research is needed to evaluate the feasibility of thermophilic PN/A. First, the 419 economic prospect of thermophilic PN/A should be compared to current practices of cooling 420 thermophilic digestates prior to mesophilic PN/A. Secondly, more information on the anammox 421 biomass yield and decay rate is necessary to enable a better comparison to mesophilic kinetics. 422 Thirdly, the effect of organic carbon, pH, temperature fluctuations, free ammonia/free nitrous 423 acid, recurrent dissolved oxygen exposure and real wastewater matrices on the anammox activity 424 should be investigated as stepping stones towards thermophilic PN/A. Fourthly, considering the 425 high anammox activity compared to thermophilic AOA activity (1.1 vs. ca 0.2 g  $NH_4^+$ -N g<sup>-1</sup> VSS 426  $d^{-1}$ ), the obtainable nitritation rate could be the limiting factor in a PN/A system and requires 427 further research. However, in mesophilic PN/A systems, nitritation is the limiting factor as well. 428

Finally, mesophilic reactor configurations implemented in practice include moving-bed biofilm reactors (MBBR), granular sludge processes and sequencing batch reactors (SBR) (Lackner et al., 2014). Considering the configurations tested in this study (FBBR and MBR), there is a need to evaluate more practically relevant reactors to facilitate the implementation.

433

#### 434 3.5. The economic prospect of thermophilic PN/A

Even though limited data is available on the kinetics and stoichiometry of thermophilic nitritation and anammox, a first cost assessment was performed to evaluate which factors could render thermophilic PN/A economically interesting. The chosen source of wastewater was hightemperature ( $\pm$  50°C) sludge reject water, originating from thermophilic anaerobic digestion of primary and secondary sewage sludge. Capital and operational expenditure (capex and opex) were compared for its mesophilic (30°C) and thermophilic (50°C) PN/A treatment.

Both scenarios showed a similar total treatment cost, with thermophilic PN/A cost only €0.03 441 kg<sup>-1</sup> N or 2.5% above the mesophilic one. Opex dominated the total treatment cost, amounting to 442 73 and 75% for the thermophilic and mesophilic scenario, respectively (Table 2). Capex and 443 opex associated with influent cooling for the mesophilic scenario contributed only 5.1% to the 444 total treatment cost, rendering limited savings attributed to avoided cooling for thermophilic 445 446 treatment. The extra costs for thermophilic PN/A were mainly attributed to a higher reactor capex, due to the need for insulation, and an increased opex for sludge disposal. The extra cost 447 for insulation is inevitable. The slightly higher sludge disposal cost (9.5%) was caused by the 448 higher observed biomass production, mainly because thermophilic AOA have a higher maximum 449 biomass yield (Y<sub>max</sub>) and lower decay rate (k<sub>d</sub>) than mesophilic AOB (Vandekerckhove et al., 450 2019a, Vandekerckhove et al., 2019b). However, knowledge on the Y<sub>max</sub> and k<sub>d</sub> of thermophilic 451

versus mesophilic ammonia-oxidizing organisms is still limited (Vandekerckhove et al., 2019a, 452 Vandekerckhove et al., 2019b), which is also the case for anammox bacteria, rendering the need 453 for a more thorough investigation to accurately predict the sludge production difference. Also, as 454 sludge from a sidestream PN/A is usually sent back to the anaerobic digester and to the 455 mainstream treatment unit, the actual impact on overall sludge disposal cost will be more limited. 456 Currently, the expected thermophilic nitritation rate is below the rates observed in full-scale 457 mesophilic PN/A systems. However, if the thermophilic nitritation rate could be increased to the 458 mesophilic rate and thermophilic and mesophilic sludge production would be the same, the total 459 treatment cost for thermophilic PN/A would be 2.3% cheaper than mesophilic PN/A. As current 460 461 knowledge on thermophilic nitritation is still limited, further research could focus on obtaining higher rates, by investigating different reactor conditions or other microbial species with higher 462 463 conversion rates.

Overall, the first economic estimation highlighted that thermophilic PN/A could be cost 464 competitive to mesophilic PN/A. This means that warm wastewaters, for example reject water 465 from thermophilic digestion, would not need cooling prior to mesophilic PN/A, but could be 466 treated thermophilically in a cost-effective way. Thermophilic anaerobic digestion obtains higher 467 conversion rates, higher biogas yield, higher reduction of pathogens and contributes to higher 468 energy and nutrient recovery compared to mesophilic digestion (De Vrieze et al., 2016). 469 Currently, the use of cooling equipment prior to mesophilic treatment is prone to failure. When 470 the cooling does not work, a temperature shock would inhibit the PN/A process and result in 471 treatment failure. Considering the importance of preventing treatment failure and preventing 472 excessive amount of reactive nitrogen to be sent back to the mainstream treatment unit or to the 473 environment, thermophilic PN/A would be a valuable alternative to the current practices. Also, 474

475 thermophilic conditions prevent the growth of mesophilic pathogens and enables a more efficient hygienization of the wastewater (Lapara and Alleman, 1999). For example, legionella grows in 476 biofilms in wastewater treatment plants under mesophilic conditions (25-45°C), thermophilic 477 treatment would prevent growth of such pathogens (Caicedo et al., 2019). 478

Further research and development on thermophilic nitritation and anammox stoichiometry and 479 480 kinetics should enable a more accurate assessment.

481

Table 2: Estimation of capital and operational expenditure (capex and opex) for mesophilic and thermophilic partial
 nitritation/anammox (PN/A) on sludge digestion reject water from thermophilic anaerobic digestion of primary and secondary sewage
 sludge, with the most important differences underlined. Extensive details on data and assumptions linked to influent characteristics,
 kinetics, process design and operation and depreciation can be found in Supplementary material, section S.3.

	Mesop	Mesophilic PN/A (30°C)		Thermophilic PN/A (50°C)			
	€	€ kg <sup>1</sup> N <sub>removed</sub>	%	€	€ kg <sup>1</sup> N <sub>removed</sub>	%	
Capex							
Cooling installation	60 000	0.02	1.7	0	0.00	0.0	
Civil works	188 214	0.05	4.2	348 057	0.10	8.2	
Equipment	171 243	0.05	4.2	171 014	0.05	4.1	
Mechanical works	27 500	0.01	0.8	27 500	0.01	0.8	
Piping	62 250	0.02	1.7	62 250	0.02	1.6	
Electrical works	80 000	0.02	1.7	80 000	0.02	1.6	
Working hours	327 360	0.09	7.6	327 360	0.09	7.4	
Profit / risk	147 302	0.04	3.4	172 205	0.05	4.1	
Total capex	1 063 869	0.30	25.2	1 188 387	0.33	27.0	
Opex							
Cooling		0.04	3.4		0.00	0.0	
Centrifuge		0.01	0.8		0.01	0.8	
Chemicals		0.09	7.6		0.09	7.4	
Aeration		0.13	10.9		0.13	10.7	
Pumping and mixing		0.03	2.5		0.03	2.5	
Sludge disposal		0.21	17.6		0.23	18.9	
Personnel		0.23	19.3		0.23	18.9	
Analyses		0.03	2.5		0.03	2.5	
Maintenance		0.11	9.2		0.12	9.8	
Total opex		0.89	74.8		0.89	73.0	
Total		1.19	100.0		1.22	100.0	

#### 489 **4.** Conclusions

Long-term thermophilic anammox reactor operation was demonstrated for the first time, both for 490 an attached and suspended growth. In the FBBR, with maximum total nitrogen removal rates up 491 to 0.62 g N  $L^{-1} d^{-1}$  (48°C), an adapted enrichment community was obtained by imposing a linear 492 temperature increase (0.05-0.07°C d<sup>-1</sup>) to a mesophilic PN/A inoculum. Kinetic characterization 493 in subsequent MBR operation at 50°C revealed an estimated net growth rate between 0.075 and 494 0.19 d<sup>-1</sup> and a maximum biomass-specific anammox activity of  $1.1 \pm 0.1$  g NH<sub>4</sub><sup>+</sup>-N g<sup>-1</sup> VSS d<sup>-1</sup>. 495 When taking into account anammox bacteria abundance and rescaling to 20°C, however, these 496 rates were relatively low compared to mesophilic anammox. In all reactors, the nitrogen 497 stoichiometry known for mesophilic anammox was observed (NO2<sup>-</sup>removed/NH4<sup>+</sup>removed 1.03-1.14 g 498 N g<sup>-1</sup> N; NO<sub>3 produced</sub>/NH<sub>4</sub><sup>+</sup><sub>removed</sub> 0.20-0.22 g N g<sup>-1</sup> N). Amplicon and Sanger sequencing of the 499 16S rRNA gene revealed Planctomycetes members with only 94-95% similarity to Brocadia 500 501 anammoxidans and B. caroliniensis, accounting for 45% of the adapted thermophilic bacterial community in the FBBR. A first economic estimation revealed that thermophilic PN/A could be 502 cost competitive to mesophilic PN/A. This novel process may present opportunities for the 503 treatment of several wastewater types, for example reject water from thermophilic anaerobic 504 digestion of sewage sludge. 505

506

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- A slow temperature increase on a mesophilic inoculum enabled thermophilic anammox
- A potentially novel species was highly abundant in the adapted community
- Stoichiometry and rescaled kinetics are low compared to mesophilic anammox cultures
- An attached and a suspended growth reactor were feasible
- Thermophilic partial nitritation/anammox may become economically cost-effective

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#### **Declaration of interests**

 $\boxtimes$  The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

□ The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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